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Italian Pizzas have been a staple of Italian cuisine and culture, dating back to the 16th century. From there, it permeated the world, served in various ways, and became famous worldwide. But, what is authentic Italian pizza really like? What qualities and ingredients make it the delicious and famous cuisine that we all know and love? Italian food is regional, and you find a variety of pie or, to be more exact, flatbreads such as Focaccia and Pinsa. Some famous pizzas such as pizza Napoletana, pizza Romana, pizza Al Taglio, and many more you might have never heard of before. All regions of Italy serve a variety of pie that is just revised recipes of the classic one: Napoletana and Romana, corresponding to Campania (Naples) and Lazio (Rome). Pizza is an Italian dish, but it has lost its natural essence and taste when made worldwide. The authentic Italian taste is nothing close to what you used to enjoy in your home country. Each city in Italy has its styles and tweaks. The authentic Italian taste in the pie is so delicious that you will end up eating all by yourself. This article has listed the most authentic and delicious pizza right from the Italian cuisine that you can and must try once in your life. Without further ado, Let's go! The five things that make the most authentic Italian pizza are: The Crust: Base is an essential component of the original Italian pizza and is traditionally thin but has a fluffy consistency. It is made with '00' flour, the finest and refined variety of flour. Italian pies are so thin people don't share slices; they eat a whole pie themselves. The Fresh Sauce is made with a combination of Italian and San Marzano peeled tomatoes, grown in rich Italian soil, seasoned with various well-portioned herbs and extra virgin olive oil. The tomatoes you find on most Napolitans pizza are coming from Vesuvio Volcano or from dell'Agro Sarnese Nocerino if it's San Marzano. The Toppings: Creamy buffalo cheese like mozzarella di bufala and various veggies set authentic Italian pizza apart from its recreations worldwide. The veggies used by Italians are the unique ones, including prosciutto San Daniele, Provolone, artichokes, Italian sausage, salami, black olives, and anchovies. Other people love pizza loaded with too many toppings, but Italy does not appreciate it. Last but not least, The Chef: Not everyone can pull out the best Italian taste. Only those who have mastered the art can create the best Italian pizzas. Almost all Italian pizzas are made with the same rules and techniques. Italian pizzerias stretch the base by hand and bake in a wood-fired oven at over 450°C; it doesn't take 5-10 minutes to cook thoroughly. The dough can rise slowly rather than being aided by artificial boosters. Because the oven is set at a very high temperature, the crust turns out much thinner and crunchy. It all started back in the 16th century when early explorers brought the tomato back to Europe from Peru. Neapolitans have mastered the craft of making the best and unique pie in the world, and even UNESCO lists pizza as an intangible cultural heritage. The authentic pizzas of Italy are simple, but the guidelines of how it's made and enjoyed are strict. Here's what the president of AVPN (An organization that seeks to protect the authenticity and tradition of Neapolitan pizza around the world), Antonio Pace, said in an interview: "Pizzas are made everywhere, and they are called Neapolitan. It would be more appreciated if they made them properly, contributing to our city's image. There is a big difference between Naples and the world: Pizza in Naples is not only the product; it is a philosophy of life!" Here are the types of Italian pizzas that are originally available in Italy, and you must try them on your next trip to Italy! Pizza Margherita Pizza Marinara Focaccia Pugliese Roman Al Taglio Pinsa Quattro Stagioni Diavola Pizza Fritta Ortolana/Vegetariana Pizza Capricciosa Pizza Quattro Formaggi Boscaiola Pizza Frutti di Mare Pizza Melanzane Pizza Alla Pala Margherita is the most classic Neapolitan pizza or known as " true pizza" worldwide. Pizza Margherita can be defined in simple words: The Queen of Italy! The chef who invented Margherita named it after Queen Margherita of Italy. It is the most famous pizza in Italy and worldwide. It is a variation of the most authentic pizza of Italy: Neapolitan pizza. The colors of the national flag of Italy inspired the toppings of Margherita: tomato (red), mozzarella (white), and basil (green). It has a rich marinara/pasta sauce flavor- Fresh mozzarella with the San Marzano tomato sweet and tangy taste. The crust is chewy and delicious and has those Neapolitan-Esque burnt bubbles. What goes inside the famous Margherita pizza? Here's the list. Italian pizza dough (00 Flour) Salt and sugar Yeast Fresh basil leaves Garlic cloves Kosher salt San Marzano tomatoes Parmigiano-reggiano cheese Mozzarella cheese The secret behind the popularity of Margherita is the fresh cheese (mozzarella) that still contains milk. Other pizzas made around the world use dry cheese so that you can expect a difference in taste. Pizza marinara is the most ancient tomato-topped pizza, known as "Alla marinara." It is a style of Neapolitan pizza which has no cheese, and it's all about tomato, garlic, and oregano. Marinara Means "seafaring"; however, it doesn't have seafood. Mariana was a staple food of the fishermen who consumed it upon returning home from fishing in the Bay of Naples. It's also a relatively healthy pizza. Those of you who love vegan and avoid cheese will like it more. All-purpose Flour Semolina Tomato sauce Garlic cloves Dried Oregano Kosher salt Virgin olive oil. Because only a handful of ingredients are used for Marinara, the flavor of pizza marinara depends on the quality of the ingredients. The marinara sauce needs to be perfect for this pizza. If the chef gets the sauce wrong, you cannot enjoy the authentic taste. Right from the heart of Apulia, Focaccia Pugliese is next in the line of the best authentic Italian pan pizza. It is also called Apulian or Barese focaccia. It is served all around Apulia; you can find focaccia pizza served with olives, capers, and anchovies tomatoes stuffed into the dough. The focaccia pizza base is prepared using ancient kneading techniques similar to autolysis. Autolysis or pain a l'ancienne is a French technique used for baguettes. In this technique, you leave flour mixed with water for a night or a day. So when we make the flour fermented, the enzymes in the flour get activated with moisture to allow good maturation. This pizza only can be made perfect with four essential steps: Autolysis techniques the combination of extraordinary natural ingredients and Last but not least, the right passion. The Focaccia pie is crunchy and colorful. You can make it easily at home if you follow the correct technique. What goes inside the soft and fluffy pizza? 00 Flour Type 1 semi-whole flour Brewer's yeast Extra virgin olive oil Sea salt Toppings Red and yellow date tomatoes Cherry tomatoes (semi dried) Red onion Olive with their stones Oregano Italian pizzerias use wood ovens to make the best Focaccia Pugliese. It takes 12 minutes at 250 to 300 degrees Fahrenheit. Want to have slices of pizza rather than a whole pie? Try out pizza al taglio. It is also called 'by the slice' pizza. It is street food. A pizza slice is cut up with scissors in size you prefer, paid for by weight, and you eat it with your hands. Pizza al Taglio is popular street food in Italy. You can find pizzeria or small bakeries selling pizza al Taglio everywhere in the city. 00 Flour Warm water Fresh Brewers Yeast Salt and Sugar Olive oil For toppings, You can ask to add anything you like: Spinach, Onion, Artichoke hearts, Mushrooms, Pepperoni, garlic, Zucchini, potatoes, Salami, Olives, Prosciutto Crudo, Seafood Possibilities are infinite! It has many varieties, including "pizza Rossa" (only tomato sauce), "pizza Bianca" (just oil and salt). Pinsa is another authentic one famous in Italy as flatbread rather than a pizza. It is made with rice flour, soy flour, and grains like wheat or spelt. Its crust has a high protein content and a low glycemic index. The pinsa crust has crispy textures on the outside and soft inside, like a cloud of dough with its elongated shape. The term 'Pinsa' comes from the Latin word 'Pinterest,' which translates to 'push the dough by the hands.' Pinsa has been a part of Roman artisan baking for over 100 years. It has become famous in the US in the last couple of years. This oblong flatbread was first invented at pizzeria La Pratolina by pizza chef Corrado Di Marco in 2001. Compared to regular pizza, pinsa dough is a much healthier option. It is low in carbs and calories. Pinsa dough has less fat, less starch, less cholesterol, fewer glutens, and less sugar. A saying goes, "the pizza is only the red one," which doesn't apply to pinsa. Pinsa is white; no tomato sauce is used as a base. The Pinsa recipe is one of those hidden jewels of Italian cuisine that only a master of Italian cuisine can pull it best. Wheat flour Rice flour Spelt (or soy) flour Coldwater Natural yeast dehydrated beer yeast Sea salt for the dough Extra virgin olive oil for the dough Rosemary Pinsa doesn't have springy slices as much as regular pizza does. The dough is highly hydrated, so it has a high percentage of water in the flour; in fact, it reaches up to 75-80% of the weight of the flour. Quattro Stagioni is another authentic Italian pizza. The name Quattro Stagioni In Italian, means "four seasons." It has the same diverse ingredients as pizza Capricciosa, except it is prepared in four sections. Each section represents one season of the year. The diverse ingredients of each section give strong flavors. There is no better pizza recipe with this diversity of topping that all family members love. The crispy ideal base, the combination of the delicious mozzarella cheese and tomato sauce, topped with the fresh summer taste of basil. Ahh! You can find a variety of toppings in this one, but the star of the show and the ones that represent four seasons are: Flours Dried Yeast Salt and sugar Semolina Flours for dusting Tomato and basil- summer Artichokes-spring Mushrooms- fall Olives and Prosciutto cotto-winter Tomato sauce Ham Mozzarella Stagioni is famous for its crunchy crust. To avoid getting the crust soggy, some toppings get oven-dried before adding them to the pizza base. Some restaurants make vegetarian versions by replacing the ham with Veggies. Looking for pizza that suits your spicy taste buds? Diavola is Italy's favorite spicy pizza starring: spicy peppers, Kalamata olives, and gooey mozzarella cheese. In Italy, it's referred to as Devil-style sauce pizza or Pizza Devil based on its spicy notes. Italians love Diavola, but it is famous as pepperoni pizza worldwide, especially in the US. The plenty of hot salami and pickled jalapenos make an addictively good combo. The base of this ultra crispy pizza is the same as Margherita pizza. Flour (Margherita pizza base) Oil Yeast Sugar Pepperoni chili peppers Spicy sausage Black olives The slices of pepperoni are arranged above the cheese, which releases spicy oil on the surface of the pizza and makes the sausage crispier. Have you heard about fried pizza before? Let me introduce fried pizza from the heart of Naples city. It is a classic pizza, the most popular pizza among locals and international foodies. This pizza is stuffed with Ricotta, Parmesan, mozzarella, and basil deep fried in vegetable oil. It is easier to fry in oil than managing a wood oven. The texture is doughnut-like from the outside and has cheesy insides. One bite and ricotta and provolone cheese will melt in your mouth. Hero tomato sauce Tipo 00 flour Parmesan cheese Ricotta cheese Mozzarella cheese fresh basil vegetable oil, for frying Frying the starchy and cheesy pizza seems imprudent, but it is a wonder of cooking science. The big bread dough stuffed with ricotta, provola cheese, and tomato cooked by deep-frying changes into exceptionally golden colors that give you the new experience of eating pizza. An experience you must have once in life. Another authentic Italian pizza is Ortolano, which in Italian means "from the vegetable patch. This greengrocer's pizza is loaded with veggies and a somewhat healthier option, as it's made with grilled veggies. It comprises a basic pizza dough smeared with tomato sauce, topped with fragrant Margherita, potatoes, rosemary, and thinly sliced asparagus. It is also a perfect pizza for vegetarians. Apart from delicious veggies, the following ingredients go inside the Ortolana. 00 Flour Tomato Puree bocconcini or fresh mozzarella Red bell peppers roasted, skinned, and sliced Eggplant roasted Artichoke hearts Extra virgin Olive Oil Oregano Salt The fact is that Ortolana is not only for vegetarians but for everyone. If you have not tried all veggie pizza before, give this one a chance, and you are not ordering any other veggie pizza again! The fantastic capriccioso is another classic Italian pizza. It's famous worldwide, and that is for a good reason. Capricciosa is topped with the incredible combination of tomato pulp, mozzarella, Virginia ham, mushrooms, prosciutto cotto, black olives, and fior di latte with the option to add anchovies. Simply everything that needs to make you go WOW! Just like other traditional pizzas in Italy, Capricciosa has its own history. It is called Capricciosa because it was first invented in 1973 in a pizzeria of Rome called LA Capricciosa. The sauce of Capricciosa is just too delicious. It is made using fresh San Marzano tomatoes, Evo oil, fresh basils, and oregano. You only imagine the flavor until you taste it yourself. The base is like Margherita; just the topping is different. San Marzano tomatoes Mozzarella Prosciutto cotto (Italian cooked ham) Artichoke heart wedges in olive oil Fresh cremini mushrooms (in Italian, funghi champignons) Black olives, like Gaeta, Taggiasche, or Kalamata Every pizzeria in Italy serves Capricciosa with its own signature variations. Some put sausages, capers, and anchovies. And some pizzeria garnished it with boiled eff and mussels. If you're looking for the cheesiest pizza, then look no further than this classic Pizza Quattro Formaggio is topped with not one but four delicious cheeses. The name Quattro Formaggio itself means "four kinds of cheese" in Italian. Pizza Quattro Formaggi is not a newcomer in the pizzeria world. It is known to have originated in the 18th century from the Lazio region but is becoming popular nowadays. The gorgeous combination of mozzarella, gorgonzola, fontina, and Parmigiano-Reggiano creates the ultra cheesy crux of the recipe loved by cheese aficionados all over the world. Apart from four incredible kinds of cheese, these ingredients go inside the Quattro Formaggi Pizza. Dry yeast Sugar All-purpose flour Salt Toppings Basil Tomato Cheese (Mozzarella, gorgonzola, fontina, e Parmigiano-Reggiano) Ground Mild Italian Sausage fresh herbs Some restaurants serve the "Blanca" version of Quattro Formaggi, which features no tomato sauce on the pizza. Boscaiola is another authentic Italian pizza from Neapolitan cuisine. It is now the most demanded pizza outside of Italy. "Boscaiola' means woodcutter. This pasta Alla Boscaiola pie is traditionally based on mushrooms' most popular wood food! The rise and ripening time of the pizza dough are essential elements for its success. However, you can find its variant prepared with different sauces and toppings. Some use porcini mushrooms, champignon mushrooms, bacon, sausages, ham, and others use eggplant and boiled egg. It all boils down to preference or the restaurant style. But what about the original recipe? The original one was made with four main steps: Leveling out the base with hand Add pasta discs and mushrooms Bake And then add prosciutto on top! 00 Flour Instant yeast Salt Olive oil Tomatoes Mushrooms Harlots Garlic clove Mozzarella cheese Butter Sage leaf Chopped Parsley Vegetable broth pizza sauce or marinara sauce, dried oregano and basil It is occasionally prepared without tomatoes and can be enriched with a drizzle of olive oil, olives, or fresh parsley. Calling all seafood lovers! Frutti di Mare pizza is one of the most popular Italian pizzas made using the famous Frutti De mare pasta recipe. The Frutti di mare means "fruit of the sea" and refers to seafood in Italian. The pizza, just like famous pasta, is packed with tons of fresh seafood, including shrimp, mussels, scallops, clams, and squid cooked in a garlicky, sometimes spicy marinara sauce. The base gets seasoned with delicious arrabbiata sauce (spicy marinara sauce), topped with seafood, and finished with fresh basil leaves. 00 Flour Dry yeast Salt and sugar FOR THE FRUTTI DI MARE TOPPING: Grated mozzarella Steamed mussels, out of the shell (or use canned smoked mussels) Anchovy filets Raw shrimp Calamari rings Frutti di mare is one of those classic Italian dishes that only true sea lovers can admire. So if you are not a fan of seafood, this one is not for you! Melanzane in Italy means eggplant. So you might have guessed it is another delicious vegetarian pizza from Italy. Apart from eggplant, it has yummy veggies like capsicum and potato, and parmesan. The bomb combination of eggplant and parmesan is out of the world. Some pizzerias grill the eggplant before they go over the pizza base. The authentic taste comes from the cheese often added after baking instead of before. The cheese crowns of pizza are then topped with tomato, roasted eggplant, chili flakes, and fresh basil leaves. Strong White Bread Flour 100g Khorasan Flour Fresh eggplant, diced Olive oil Chopped garlic Chunky marinara sauce Fresh-diced buffalo mozzarella Shredded parmesan Ricotta Tomato sauce Salt and pepper When the pizza receives the heat, it softens the cheese but doesn't melt it. This way, cheese keeps its creamy sweet flavor and stays supple instead of becoming stretched. Pizza Alla pala is a unique Italian pizza that is served on a paddle right after coming from the electric oven. The pizza is named after the wooden board on which it's served: You can't eat it alone: it's for groups. This heavy pie is baked using the long rising dough that is shaped like oval bread. To be thick doesn't mean that the pizza is hard, it's soft and loaded with fresh toppings. Black olives Salamino Piccante Cherry Tomatoes Prosciutto & stracciatella cheese With such a blend of these delicious ingredients, you can surely see cheese-loaded slices. Some toppings can never go with real authentic Italian pizzas. Chicken or beef No sauces like ketchup or chili shawarma. Seasonal fruit (pears, pumpkins, apples) High gluten flour is never used for Italian pizza. Fruits, nuts, or sweet additives The authentic Italian pizza is famous for having homemade sauce prepared from freshly peeled tomatoes and a combination of savory, complementing herbs. You'll also note that true Italian pizza does not include both toppings and sauce in the cooking process. The sauce is simply layered along with the crust. In addition, the pure mozzarella from Mediterranean buffaloes is another delicious ingredient of real Italian pizzas. Capricciosa Pizza, meaning "capricious," is one of Italy's most popular pizza toppings, appearing on pizzeria menus around the region. This is a traditional Margherita with black olives, ham, artichokes, and porcini mushrooms on top. All of the ingredients for the Capricciosa Pizza are spread generously over the pizza. The pizza Quattro Stagioni also has the same components used, but instead of being blended together, each ingredient is separated into four quarters. The Capricciosa has a rich recipe and a wide range of pizza toppings. Yet, when you're working with simple ingredients, you want to make sure they're of the highest quality. Always choose extra virgin olive oil-based preserves and Italian ham. About 90% of the pizza lovers around the world do not know what an original pizza is! But you know now! When you experience truly bona fide Italian pizza, don't think it'll be the same version of your favorite slice back home. Eating a delicious slice of pizza in Italy is truly an out-of-the-world experience. Authentic Italian pizza is a mouth-watering treat all its own and is incomparable to any pie you may have. It's about time you visit one of the famous or authentic Italian pizzerias nearby and eat pizza from Italy. I hope this article helps you decide which traditional Italian pizza you can try first by visiting a good Italian pizzeria near you. mama-cucina.com is a participant in the Amazon Associate program and will earn from qualifying purchases. Your trip to Italy is not complete if you skip trying the best types of Italian pizza! Pizza is a traditional Italian dish that originated in Naples, Italy. It became so popular worldwide that countries made their own versions, imitating different Italian pizza styles and adding a twist here and there – but of course, nothing beats the original! Pizza in Italy is a universal Italian symbol. This Neapolitan offering is iconic be it classic or gourmet, thick and soft or thin and crunchy, and with or without a stuffed crust. Italian people eat pizza on Saturday or Sunday evenings after playing sports or watching a game with friends to celebrate kids' birthdays. If you want to spend a weekend in Italy, you need to know the different types of traditional Italian pizza and toppings of all the most famous Italian pizza styles. In this post, we'll discuss the popular and authentic Italian pizzas, their ingredients, and some history. So keep scrolling to find them out. ALSO READ: 18 Most Popular Authentic Italian Pizza Toppings Here's a list of the best types of Italian pizza you must try when you visit il Bel Paese. View this post on Instagram A post shared by The Food Lover (@thefood7799) Pizza Napoletana (Neapolitan pizza) was born in Naples and is labeled as the best pizza in Italy and one of the best-loved Italian pizza styles. Its style is protected by Traditional Speciality Guaranteed (TSG) certification. The wheat flour, yeast, salt, and water dough rises for 24 hours. It's hand-shaped into a flat 3-mm-thick disk, then baked for 90 seconds in a 900°F wood-burning oven. Italians call the soft, elastic heart cornicione. View this post on Instagram A post shared by Jeff Taylor (@stagliopizza) When it comes to Margherita pizza, there's not much more to say. It's the queen of the table, plain and simple. The Margherita pizza is, without a doubt, the most popular pizza in Italy. It can be made simply with mozzarella fiordilatte or mozzarella de bufala, which is called a bufalina pizza. In addition to mozzarella, tomato, oil, and basil are also used. This is how Italian pizza makers called pizzaioli have always done it. Frutti di mare features the traditional Italian pizza toppings of tomato and mozzarella, along with a variety of seafood such as shrimp, mussels, and squid, as well as a dash of garlic and parsley for added flavor. It is a dish that exemplifies the best of both worlds: the flavorful pizza of Italy and the fantastic seafood that can be found in the country. Hence, the monicker frutti di mare which translates to "fruit of the sea," in reference to the seafood ingredient. View this post on Instagram A post shared by É É (@sciuepc) Have you ever heard of fried pizza? It is a traditional pizza that is most popular among locals and international foodies. Allow me to introduce you to pizza fritta ("fried pizza") from the heart of Naples. This pizza is deep-fried in vegetable oil and stuffed with ricotta, Parmesan, mozzarella, and basil. It is much easier to fry in oil than managing a wood oven. Pizza fritta's outside texture is doughnut-like, with cheesy insides. Ricotta and provolone cheeses will melt in your mouth after just one bite. ALSO READ: 10 Best Pizzerias in Naples, Italy Even though pizza boscaiola is exclusively associated with Naples, every region in Italy makes an effort to highlight the pizza things that it excels at doing and makes use of its own regional specialties. Boscaiola, for example, is said to originate in Tuscany and/or Emilia-Romagna. Porcini or champignon mushrooms, sausage slices, and mozzarella are the ingredients that make up the toppings for the pizza boscaiola. The name "boscaiola" means "woodsman," and it was given to this Italian delight due to the mushrooms which a woodsman would have gathered in his small satchel while exploring the woods. This is one of those really delicious authentic Italian pizza types you simply must try when in Italy. View this post on Instagram A post shared by PizzaRioRosa (@pizzariorosa) Because spicy salami is the primary component of this pizza, the diavola ("deviled" or the "devil's" pizza) is an excellent choice for anyone who enjoys robust flavors. Pizza alla diavola is traditionally topped with tomato sauce, mozzarella, spicy salami aka pepperoni, and hot chili peppers. The spicy salami and hot chili peppers make this truly the devil's pizza! Although you may know it better by another name (the pepperoni pizza), it is one of the most famous pizzas outside of Italy. It is trendy in the United States and the United Kingdom. Individuals who are concerned about their waistline but still want to indulge in a scrumptious meal on occasion will find pizza ortolana as the ideal solution since it is topped with vegetables. The name, after all, means "farmer" or "grower of fruits and vegetables." In addition to mozzarella and tomato, this pizza features peppers, aubergines, and courgette/zucchini, all of which are cut into strips or thin slices and roasted. Alternatively, this pizza can be topped with any other combination of roasted fresh vegetables. Quattro formaggi is just one of the many different types of Italian pizza loaded with cheese. You must like cheese to enjoy this creamy, tasty, and beautiful white pizza. The name of this traditional Italian pizza, quattro formaggi, literally means "four cheeses," but the ingredients and types of cheese used can vary from pizzeria to pizzeria. They can use provolone, Parmigiano-Reggiano, mozzarella, stracchino, fontina, or Gorgonzola. No matter which cheeses are used, this four-cheese pizza will make you want to lick your fingers clean. Quattro stagioni ("four seasons") is another of the Italians' favorite pizzas. A four-seasoned pizza is a mix of intense flavors like mozzarella and tomato and a few different kinds of cheese. This pizza has cooked ham, mushrooms, artichokes, and black olives. Sometimes, you can find small additions like anchovies or other local ingredients. The most important thing about this pizza is where the toppings go. Each one must be put in its own quarter. Close to the quattro stagioni is the classic pizza capricciosa, which means "capricious" – a very apt name since its ingredients vary from pizzeria to pizzeria. However, the ingredients are pretty much the same as those used in making quattro stagioni, except that the capricciosa usually doesn't have olives, although again it depends on the pizzeria or restaurant that makes it. Some use black olives, others don't. But the staples are tomato sauce, mozzarella, ham, and artichoke. For the most part, pizza capricciosa can have anchovies and cooked egg. All of these ingredients are mixed together on a base of tomato sauce and mozzarella instead of being kept separate. This makes for a delicious blend of flavors. ALSO READ: 25 Best and Most Popular Italian Sauces Focaccia Pugliese, straight from the heart of Apulia, is next in line for the best authentic Italian pan pizza. It's also known as Apulian or Barese focaccia, one of the best types of traditional Italian pizza. It is popular throughout Apulia; you can find focaccia pizza with olives, capers, and anchovies stuffed into the dough. The focaccia pizza base is made using autolysis-like ancient kneading techniques. Autolysis, also known as pain à l'ancienne, is a French technique for making baguettes. In this technique, you leave flour mixed with water for a night or a day. So, when we ferment the flour, the enzymes in the flour are activated by moisture, allowing for proper maturation. View this post on Instagram A post shared by K (@parmtotableone) Prosciutto e funghi pizza is also about simplicity. It's a ham and mushroom pizza turbocharged because it's Italian-style. The traditional ham combined with crimini mushrooms results in a very scrumptious pizza with a rich and strong flavor, making prosciutto e funghi one of the yummiest Italian pizza styles. Prosciutto e funghi pizza is available in two varieties: with cooked ham or cured ham added after cooking. The secret to this traditional Italian pizza is its simplicity. Trying this pizza is a perfect way to test the quality of the dough and the ingredients at the pizzeria: tomato, garlic, oregano, and oil. Have you ever wondered why, despite its "marine" name, nothing resembles the sea in the ingredients of a pizza marinara? On the other hand, the origin of the pizza marinara stems from the fact that the ingredients – all of which are easily preserved – were used by sailors on long voyages. Want to eat pizza by the slice instead of a whole pie? Try out pizza al taglio, also known as pizza al trancio. In English, it's called "pizza by the slice" or "sheet pizza." You can cut a pizza slice to the size you want and pay by weight, then you eat it with your hands. Pizza al taglio is a Roman-style pizza that happens to be a popular street food in Italy. Everywhere in the city, you can find pizza shops or small bakeries that sell this type of pizza. "Melanzane" is the Italian word for eggplant or aubergine. As you might expect, it's a delectable vegetarian pizza from Italy. Aside from eggplant, pizza melanzane contains tasty vegetarian delights such as capsicum and potato. It uses Parmesan cheese. The eggplant and Parmesan combo is simply out of this world! Some pizzerias grill the eggplant before topping the pizza with it. The authentic flavor comes from the cheese, which is frequently added after baking rather than before. Apart from the roasted eggplant, pizza melanzane's cheese crowns are topped with tomato, chili flakes, and fresh basil leaves. Pizza alla pala is a unique Italian pizza from the region of Lazio, served on a paddle directly from the electric oven. The pizza gets its name from the wooden board (or paddle) it's done on – which means it's not something you can eat by yourself; it's meant to be shared. This hearty pie is made with a long rising dough shaped like oval bread. The pizza is not hard because it is thick. It is soft and loaded with fresh toppings. Italian dish with a flat dough-based base and toppings "Pizzaiolo" redirects here. For the restaurant chain, see Pizzaiolo (restaurant chain). For other uses, see Pizza (disambiguation). PizzaA pizza divided into eight slicesTypeFlatbreadCourseOne course mealPlace of originItalyRegion or stateNaples, CampaniaServing temperatureHot or warmMain ingredientsDough, sauce (usually tomato sauce), cheese (typically mozzarella)Similar dishesCalzone, panzerotti Media: Pizza Part of a series onPizza Main articles History of pizza Pizza delivery List of pizza varieties by country Styles Al taglio Altoona Beach Brier Hill California Chicago Colorado Columbus Dayton Detroit Focaccia al rosmarino Fugazza Grandma Greek Happy Iranian Lazio Matzah Mexican Minnesota Neapolitan New Haven New York Ohio Valley Pan Pictou County Pizzetta Quad City Roman Sardenara Sicilian Stuffed crust Sushi St. Louis Sheet pizza Tavern Italian tomato pie Trenton tomato pie Topping varieties Capricciosa Chocolate Hawaiian Kebab Meatball Pugliese Quattro formaggi Quattro stagioni Seafood Spaghetti Taco White White clam pie Cooking variations Coal-fired Deep-fried Grilled Pizza cake Margherita Marinara Tools Pizza cutter Pizza saver Pizza stone Peel Masonry oven Mezzaluna Pizza box Events Long Island Pizza Festival & Bake-Off National Pizza Month World Pizza Championship Frozen pizza brands Bagel Bites Celeste DiGiorno Ellio's Goodfella's Grandiosa Home Run Inn Dr. Oetker Palermo's Pizza Pops Richelieu Foods (private label) Schwan's Company (private label) Tombstone Totino's Wagner Lists of pizza chains List of pizza chains List of pizza franchises List of Canadian pizza chains List of pizza chains of the United States By country Argentina Brazil Canada China North Korea United States Portland, Oregon Related articles Pizza effect Jumbo slice Pizza by the slice Dollar slice Pizza cheese Pizza-ghetti Pizza party Pizza Principle Pizza theorem Pizza Rat None Pizza with Left Beef Similar dishes Pizza bagel Calzone Coca Cong you bing Farinata Flammkuchen Focaccia Garlic fingers Khachapuri Lahmacun Manakish Panzerotti Paratha Pastrmajlija Pissaladière Pizza Pops Pizza puff Pizza rolls P'Zone Quesadilla Sardenara Sausage bread Scaccia Sfiha Stromboli Uttapam vte Pizza[a][1] is an Italian, specifically Neapolitan, dish typically consisting of a flat base of leavened wheat-based dough topped with tomato, cheese, and other ingredients, baked at a high temperature, traditionally in a wood-fired oven. The term pizza was first recorded in 997 AD, in a Latin manuscript from the southern Italian town of Gaeta, in Lazio, on the border with Campania.[2] Raffaele Esposito is often credited for creating the modern pizza in Naples.[3][4][5][6] In 2009, Neapolitan pizza[7] was registered with the European Union as a traditional speciality guaranteed (TSG) dish. In 2017, the art of making Neapolitan pizza was included on UNESCO's list of intangible cultural heritage.[8] Pizza and its variants are among the most popular foods in the world. Pizza is sold at a variety of restaurants, including pizzerias (pizza specialty restaurants), Mediterranean restaurants, via delivery, and as street food.[9] In Italy, pizza served in a restaurant is presented unsliced, and is eaten with the use of a knife and fork.[10][11] In casual settings, however, it is typically cut into slices to be eaten while held in the hand. Pizza is also sold in grocery stores in a variety of forms, including frozen or as kits for self-assembly. Store-bought pizzas are then cooked using a home oven. In 2017, the world pizza market was US$128 billion, and in the US it was $44 billion spread over 76,000 pizzerias.[12] Overall, 13% of the US population aged two years and over consumed pizza on any given day.[13] The oldest recorded usage of the word pizza is thought to be from May 997 CE, appearing in the Codex diplomaticus Caietanus, a notarial Latin document from the town of Gaeta, then still part of the Byzantine Empire.[14] The text states that a tenant of certain property is to give the bishop of Gaeta duodecim pizze (lit. 'twelve pizzas'),[15] a pork shoulder and kidney annually on Christmas Day, and twelve pizzas and a couple of chickens annually on Easter Sunday.[16] Suggested etymologies include: Byzantine Greek and Late Latin pitta > pizza, cf. Modern Greek pitta bread and the Apulia and Calabrian (then Byzantine Italy) pitta,[17] a round flat bread baked in the oven at high temperature sometimes with toppings. The word pitta can in turn be traced to either Ancient Greek πικτή (pikte), 'fermented pastry', which in Latin became picta, or Ancient Greek πίσσα (pissa, Attic: πίττα, pitta), 'pitch',[18][19] or πήτεα (pḗtea), 'bran' (πητίτης, pētítēs, 'bran bread').[20] The Etymological Dictionary of the Italian Language explains it as coming from dialectal pinza, 'clamp', as in modern Italian pinze, 'pliers, pincers, tongs, forceps'. Their origin is from Latin pinsere, 'to pound, stamp'.[21] The Lombardic word bizzo or pizzo, meaning 'mouthful' (related to the English words bit and bite), which was brought to Italy in the middle of the 6th century AD by the invading Lombards.[2][22] The shift b→p could be explained by the High German consonant shift, and it has been noted in this connection that in German the word Imbiss means 'snack'. A small pizza is sometimes called pizzetta.[23] A person who makes pizza is known as a pizzaiolo.[24] The word pizza was borrowed from Italian into English in the 1930s; before it became well known, pizza was called "tomato pie" by English speakers. Some regional pizza variations still use the name tomato pie.[25] Main article: History of pizza An illustration from 1830 of a pizzaiolo in Naples Records of pizza-like foods can be found throughout ancient history. In the 6th century BC, the Persian soldiers of the Achaemenid Empire during the rule of Darius the Great baked flatbreads with cheese and dates on top of their battle shields[26][27] and the ancient Greeks supplemented their bread with oils, herbs, and cheese.[28][29] An early reference to a pizza-like food occurs in the Aeneid, when Celaeno, queen of the Harpies, foretells that the Trojans would not find peace until they are forced by hunger to eat their tables (Book III). In Book VII, Aeneas and his men are served a meal that includes round cakes (such as pita bread) topped with cooked vegetables. When they eat the bread, they realize that these are the "tables" prophesied by Celaeno.[30] In 2023, archeologists discovered a fresco in Pompeii appearing to depict a pizza-like dish among other foodstuffs and staples on a silver platter. Italy's culture minister said it "may be a distant ancestor of the modern dish".[31][32] The first mention of the word pizza seemingly comes from a notarial document written in Latin and dating to 997 CE from Gaeta, demanding a payment of "twelve pizzas, a pork shoulder, and a pork kidney on Christmas Day, and 12 pizzas and a couple of chickens on Easter Day".[16] Modern pizza evolved from similar flatbread dishes in Naples, Italy, in the 18th or early 19th century.[33] Before that time, flatbread was often topped with ingredients such as garlic, salt, lard, and cheese. It is uncertain when tomatoes were first added and there are many conflicting claims,[33] although it certainly could not have been before the 16th century and the Columbian Exchange. Pizza was sold from open-air stands and out of pizza bakeries until about 1830, when pizzerias in Naples started to have stanze with tables where clients could sit and eat their pizzas on the spot.[34] A popular legend holds that the archetypal pizza, pizza Margherita,[35] was invented in 1889, when the Royal Palace of Capodimonte commissioned the Neapolitan pizzaiolo ('pizza maker') Raffaele Esposito to create a pizza in honor of the visiting Queen Margherita. Of the three different pizzas he created, the queen strongly preferred a pizza swathed in the colors of the Italian flag—red (tomato), white (mozzarella), and green (basil). Supposedly, this type of pizza was then named after the queen,[36] with an official letter of recognition from the queen's "head of service" remaining to this day on display in Esposito's shop, now called the Pizzeria Brandi.[37] Later research cast doubt on this legend, undermining the authenticity of the letter of recognition, pointing that no media of the period reported about the supposed visit and that both the story and name Margherita were first promoted in the 1930s–1940s.[38][39] Pizza was taken to the United States by Italian immigrants in the late 19th century[40] and first appeared in areas where they concentrated. The country's first pizzeria, Lombardi's, opened in New York City in 1905.[41] Italian Americans migrating from East to West brought the dish with them, and from there, the American version was exported to the rest of the world.[42] The Associazione Verace Pizza Napoletana (lit. 'True Neapolitan Pizza Association') is a non-profit organization founded in 1984 with headquarters in Naples that aims to promote traditional Neapolitan pizza.[43] In 2009, upon Italy's request, Neapolitan pizza was registered with the European Union as a traditional speciality guaranteed (TSG) dish,[44][45] and in 2017 the art of its making was included on UNESCO's list of intangible cultural heritage.[8] Pizza is sold fresh or frozen, whole or in portion-size slices. Methods have been developed to overcome challenges such as preventing the sauce from combining with the dough, and producing a crust that can be frozen and reheated without becoming rigid. There are frozen pizzas with raw ingredients and self-rising crusts. In the US, another form of pizza is available from take and bake pizzerias. This pizza is assembled in the store, then sold unbaked to customers to bake in their own ovens. Some grocery stores sell fresh dough along with sauce and basic ingredients, to assemble at home before baking in an oven. Pizza preparation Pizza dough being kneaded before being left undisturbed and allowed time to proof Tossing pizza dough to stretch it An unbaked Neapolitan pizza on a metal peel, ready for the oven A wrapped, mass-produced frozen pizza to be baked at home In restaurants, pizza can be baked in an oven with fire bricks above the heat source, an electric deck oven, a conveyor belt oven, or in traditional style in a wood or coal-fired brick oven. The pizza is slid into the oven on a long paddle, called "peel", and baked directly on hot bricks, a screen (a round metal grate, typically aluminum), or whatever the oven surface is. Before use, a peel is typically sprinkled with cornmeal to allow the pizza to easily slide on and off it.[46] When made at home, a pizza can be baked on a pizza stone in a regular oven to reproduce some of the heating effect of a brick oven. Cooking directly on a metal surface results in too rapid heat transfer to the crust, burning it.[47] Some home chefs use a wood-fired pizza oven, usually installed outdoors. As in restaurants, these are often dome-shaped, as pizza ovens have been for centuries,[48] in order to achieve even heat distribution. Another variation is grilled pizza, in which the pizza is baked directly on a barbecue grill. Some types, such as Sicilian pizza, are baked in a pan rather than directly on the bricks of the pizza oven. Most restaurants use standard and purpose-built pizza preparation tables to assemble their pizzas. Mass production of pizza by chains can be completely automated. Pizza baking Pizzas baking in a traditional wood-fired brick oven A pizza being removed with a wooden peel A pizza Margherita Charred crust on a pizza Margherita, an acceptable trait in artisanal pizza Pizza grilling on an outdoor gas range The bottom of the pizza, called the "crust", may vary widely according to style—thin as in a typical hand-tossed Neapolitan pizza or thick as in a deep-dish Chicago-style. It is traditionally plain, but may also be seasoned with garlic or herbs, or stuffed with cheese. The outer edge of the pizza is sometimes referred to as the cornicione.[49] Some pizza dough contains sugar, to help its yeast rise and enhance browning of the crust.[50] Main article: Pizza cheese Mozzarella is commonly used on pizza, with the buffalo mozzarella produced in the surroundings of Naples.[51] Other chee

from " Last update: Mon Jun 16 2025 TasteAtlas food rankings are based on the ratings of the TasteAtlas audience, with a series of mechanisms that recognize real users and that ignore bot, nationalist or local patriotic ratings, and give additional value to the ratings of users that the system recognizes as knowledgeable. For the “Top 54 Italian Pizzas” list until June 16, 2025, 10,433 ratings were recorded, of which 8,511 were recognized by the system as legitimate. TasteAtlas Rankings should not be seen as the final global conclusion about food. Their purpose is to promote excellent local foods, instill pride in traditional dishes, and arouse curiosity about dishes you haven’t tried. Show Map by Luciana Squadrilli11 May 2017 From the classic Neapolitan to the thin, large Romana and more modern fried styles, pizza is going through a revolution in Italy. Luciana Squadrilli guides us through seven of the varieties on offer today – and where to eat them. Luciana Squadrilli is a freelance journalist and author specialising in food and travel writing.Born in Naples but currently living in Rome, Luciana Squadrilli is a freelance journalist and author specialising in food and travel writing. She is a regular contributor to Identità Golose, Via dei Gourmet, Gazza Golosa, I Cento Roma, Flos Olei, Olive Oil Times and Hi-Europe Magazine, and when she's not travelling or discovering culinary delights, she indulges her personal passions: pizza, extra virgin olive oil and the desert. Terms and conditions Please sign in or register to send a comment to Great British Chefs. Have you ever wondered what’s the original Italian pizza like? You’re in the right place! Discover all the different types of Italian pizza toppings you can find in Italy, with the help of a local! I also included all the original Italian names, so you’ll be able to recognize each type of pizza on the menu. Italian pizza is even more delicious when you share it! Eating pizza is a cheap way to learn about the Italian food culture Before we start making ourselves hungry with all the flavors of the traditional Italian pizzas, I wanted to point out the main differences between American pizza and Italian pizza. While American pizza is actually derived from Italian pizza, and while there are so many Neapolitan pizza makers (or better “pizzaioli” in Italian) in the USA which make sure Americans eat delicious goodies… American pizza and Italian pizza still aren’t the same thing. As I already mentioned, the authentic Italian pizza is deeply rooted in our territory, so we like to use local ingredients for the different toppings.Ask about pineapple pizza in Naples and a traditional pizzaiolo will pop a vein! The biggest difference between Italian pizza and American pizza lays thus in the toppings. Americans use many ingredients, often with contrasting flavors. In Italy we prefer to use less ingredients on the top, and more often than not, we try to make the toppings light and digestible. Many people who don’t know pizza like us (because pizza in Naples is an art!) will tell you that the crust is also very different. But as you’ll discover by reading this article, also a few types of Italian pizza can be thick and soft. We have pizza with floppy slices or the thin and crunchy type.Neapolitan pizza is not the only pizza you can find in Italy! Do you want to learn how to make a genuine Italian pizza? Click here to check out this pizza-making course in Sorrento that will teach you all the secrets to make a delicious Pizza Margherita! Traditional Italian pizzas, especially those I’m telling you about in this chapter, can usually be found in every pizzeria. If you’re planning to visit Naples in the summertime, be aware of the fact that Gorgonzola cheese might not be available. Our summers are usually very warm and because fresh cheese will spoil, not every pizzeria uses it. You might also like: What to wear in Italy in summer – Pack like a pro! Pizza Margherita is truly the Queen of our cuisine! Pizza Margherita is possibly the most famous and genuine pizza out there. To many people, it truly represents Italy: keep reading to know why this is very true. This pizza is prepared with tomato sauce, Italian olive oil, fresh basil and mozzarella cheese. Pizza Margherita is also one of the pizzas that can be prepared in every variety: Neapolitan pizza, Roman pizza, pizza al taglio and so on. In Naples there’s another version on the menu: Pizza Margherita con mozzarella di bufala. Which means they will add buffalo mozzarella instead than regular mozzarella. I know that some pizzerias in other parts of Italy also claim they have buffalo mozzarella, but we produce it in the South. Mozzarella di bufala spoils easily: you can be sure it’s super fresh in Napoli but I can’t swear for it if you decide to order it somewhere else. You might be wondering what’s the difference between mozzarella and mozzarella di bufala on Neapolitan pizza margherita. Mozzarella is delicious and a regular margherita is the “traditional Italian pizza“. Mozzarella di bufala adds a bit of saltiness and a slightly sour taste to pizza margherita. The taste is delicious, and in fact this type of pizza is Aldo’s favorite. Yet I must add that Mozzarella di bufala releases more milk when it’s cooked if compared to regular mozzarella. I’m a fan of Mozzarella di bufala as a solo dish, but on pizza I find it adds “too much liquid” that sometimes makes the crust too soft/chewy. Bonus: now you’ll have to try the both of them to see which one you like the most! Some like to add arugula or prosciutto to Pizza Margherita The Margherita pizza history is deeply rooted in my hometown, Napoli.In 1889, Queen Margherita of Savoy visited Naples. So chef Raffaele Esposito, working at Pizzeria Brandi, together with his wife, decided to create a pizza “fit for a queen“. The pizza had to resemble the colors of the Italian flag. So they used tomatoes, mozzarella and fresh basil: red, white and green. They named it after their beloved Queen and since then it has grown into one of the most recognisable symbols of Italian food culture in the world.Us neapolitans are super proud that it was invented here! Pizza Capricciosa can be prepared with or without tomato sauce This one can be considered another classic pizza type, usually available in every pizzeria, and in different variations. Pizza Capricciosa main ingredients are mozzarella cheese, tomato sauce, olive oil, Italian baked ham, mushrooms, artichokes and black olives. In Naples we have also another variation of Pizza Capricciosa, that we know as “Pizza Capricciosa bianca“. Same ingredients, without tomato sauce. It’s perfect for those like my mother who can’t really digest our tomato sauce. I’ve read in several English articles that eggs are one of the main ingredients. The original Italian pizza capricciosa has no such thing. Eggs were never one of the ingredients, and if someone is serving this kind of pizza in the Northern regions, know that it’s wrong! Pizza Quattro Stagioni represents the four seasons Pizza Quattro Stagioni is, translated in English, “Four seasons pizza“. This type of pizza topping can usually be found as Neapolitan pizza, and Roman pizza (the thin, crunchy one). The main pizza crust is actually divided in four different sections, each with its own ingredients. So it’s like tasting 4 different toppings on one pizza! Each slice represents a different season. The base is the usual tomato sauce with bits of mozzarella cheese (mozzarella di bufala is not used for this pizza). Then we have one slice with artichokes, representing spring. One with mushrooms, representing autumn. One with tomatoes and basil, representing summer, and one with ham and black olives, representing winter. Just as usual, many pizzerias in Naples serve Pizza Quattro Stagioni with a few variations. Winter is also represented with ricotta cheese, black pepper and slices of Italian salami, or summer can be represented using fresh Neapolitan cherry tomatoes, which we know as “Pomodorini del piennolo“. Pomodorini del piennolo or Pomodorini Vesuviani (Mount Vesuvius tomatoes) are grape tomatoes grown in Naples, which have a protected status. “Piennolo” is a word from the Neapolitan dialect: grape tomatoes usually have to hang outside to stay fresh and they shouldn’t be kept in the fridge. Pizza ai Quattro Formaggi is pretty rich and delicious Pizza ai Quattro Formaggi is one of the types of Italian pizza topping you can find in many different varieties of pizza (Neapolitan, Roman, al taglio, alla pala, etc). While the topping stays the same, the base can change, because it’s particularly versatile. While it’s a bit “heavy” if compared to other pizzas, Pizza ai Quattro Formaggi is absolutely delicious. You can order this pizza if you can’t digest the tomato sauce used for the other toppings or if you want to try another one of the “pizze bianche” (white pizzas in Italian). The four main ingredients are mozzarella cheese, gorgonzola cheese, parmesan and gruyère.Some variations have different kinds of cheese (min. 4), like Fontina, or Neapolitan Provolone, or Italian Auricchio. The one that usually shouldn’t be forgotten is Gorgonzola, as the main highlight of Pizza ai Quattro Formaggi is a tangy taste, mixed with the sweetness of the other cheeses. Note: as mentioned above, sometimes Quattro Formaggi is not served in Naples during the summertime. Our summers are pretty warm and fresh cheese spoils. While mozzarella is used for every pizza, Gorgonzola is generally only used for Quattro Formaggi, so pizzerias don’t stock on it because they’re worried they’ll have to throw it away when it spoils. You might also like:The best Italian dishes you should eat in Italy Mozzarella, sweet cork and baked Italian ham is one of our yummy toppings “Pizze sfiziose” are the types of Italian pizza that you can find only in some areas, or the seasonal ones. I also added some pizzas to this chapter that can be found throughout Italy. Yet they can be very different from the pizza with a thin, pliable crust. Because I’m a proud Neapolitan girl, in the next chapter you’ll find lots and lots of pizzas that you can only eat in Napoli! They were too many so they deserved their own box! Note: Pizze sfiziose are sometimes added to the menu under “Pizze gourmet” or “Specialità“. That means they are a bit more expensive than a regular Pizza Classica. You might also like:Italy tipping etiquette – Should you tip in Italy? Pizza alla pala indicates different types of pizza! Pizza alla pala is another one of the different types of Italian pizza that can be a bit confusing. Created in Rome, this long, oval pizza is served on a wooden “pala“, the paddle you see using also for the wood fire oven. The high-hydration dough is cooked in an electric oven, then the pizza alla pala is moved on a wooden paddle and topped with fresh ingredients.The result is a thick, crunchy crust with a soft interior. You might also like: How to spend 4 days in Rome like a local!Fun Emily in Paris Rome Itinerary for 3 Days Why did I say it’s “confusing“?In the last few years, several pizzerias in Naples have started to add “pizza alla pala” on the menu. The fun fact is that it’s nothing like the one you’d eat in Rome! On the menu in Naples, this version of pizza alla pala can also be indicated as “Giropizza”. Neapolitan pizza alla pala has the same shape, so it’s longer than the usual Neapolitan pizza, even if it uses the same dough. The difference is that there are different toppings on the same pizza. It is meant to be shared with someone else, so you get to taste several flavors by ordering just one (big) pizza! Note: the Neapolitan pizza alla pala has the same crust as a regular Neapolitan pizza. We don’t do crunchy pizza in Naples! Roman pizza is also known as “Scrocchiarella” One of the main types of Italian pizza that have been invented in Rome and then exported to many Northern regions is Pizza Tonda Romana. The local name for it, that you will find on the menu in Rome, is “Scrocchiarella“, which means “crunchy pizza“. The ultra-thin, ultra-crisp crust doesn’t have the fluffy border (“cornicione” in Italian) you’d find in Neapolitan pizza, and can’t be folded because… it will crack.The toppings for Roman pizza are just the same you’d find for every other pizza. Click here to book an amazing, local-approved Pizza Making Experience in Rome, with lots of tastings and fresh Italian gelato! Note: In Naples no pizzeria will ever make crunchy pizza (unless it’s deep-fried, but for that you’ll need to keep reading) and if you ask you’ll soon discover that people wrinkle their nose. “I’m not eating crackers pretending it’s pizza“, that’s what I’ve been told in most pizzerias. These two types of Italian pizza couldn’t be more different, so just eat scrocchiarella in Rome and Neapolitan pizza in Napoli! Pizza al trancio makes a great to-go meal This kind of Italian pizza has been also invented in Rome, and has then spread throughout the Italian peninsula. Pizza al taglio, sometimes found as “Pizza al trancio“, is baked in large, rectangular trays and sold in medium-sized square slices. The crust is puffy and soft, pretty thick if compared to a regular Neapolitan pizza. Pizza al taglio is prepared with all kinds of Italian pizza toppings, from margherita to capricciosa, and even delicious variations like baked ham, mozzarella and sweet canned corn. While in Rome you often get to pay pizza al trancio by weight, in Naples it usually has a fixed price per slice. Sicilian pizza is also known as “Sfincione” Sicilian pizza was obviously created in Sicily, in the deep South of Italy. Also known as Sfincione or Focaccia (but a different one from those you’ll find at the bottom of this article), it can also be found in the “Little Italy” districts in the USA, where it’s prepared by the descendants of the original Italian immigrants. You can say that Sfincione is also like Pizza al taglio: it’s a thick crust pizza, served in square slices.The most traditional topping for Pizza siciliana is tomato sauce, onions, anchovies, herbs and strong cheese like caciocavallo. You might also like: 60 smart souvenirs from Italy you should add to your list! Be aware that Sicily has different types of Italian pizza: all of them are delicious! If you’re visiting the Siracusa area, look for “Pizzòlu“, a particular kind of round pizza, stuffed with Italian prosciutto, cheese, arugula or other fresh ingredients. Pizzerias in Catania make “Schiacciata“: one layer of simple pizza dough, covered by local cheese and anchovies, or potatoes, sausages, broccoli. Then everything is topped by yet another layer of dough, brushed with eggs. Look out also for fried calzone if you’re visiting Sicily! It’s a mix between Italian Calzone and Neapolitan Pizza Fritta (keep reading for more info). Only in Sicily it’s stuffed with anchovies and cheese! Pizza with tuna and onions… is not for everyone! Growing up I spent many summers in Sicily. All of my friends there used to order Pizza tonno e cipolle whenever we went to a pizzeria. It was insane, because back then it wasn’t very much loved in Naples (that has changed now!)! This kind of pizza uses canned tuna and slices of Italian onions as the main toppings, usually paired with olive oil, some mozzarella and fresh oregano. I’ve seen a couple of versions with black olives or without mozzarella, so nothing is really set in stone, aside from the main ingredients. Pizza tonno e cipolle is one of the Italian style pizzas that has gradually been spreading throughout Italy. While this topping can be used on many different types of Italian pizzas (including Pizza al taglio), I’ve seen it often on Neapolitan style pizza. In Napoli’s pizzerias you’ll still see mainly the big classics and the traditional Neapolitan toppings, but more and more people are appreciating tuna and onions so give it a chance if you’ve never had it before! You might also like:15 dreamy Sicily beaches you should hit on your next trip Pizza with Italian ham, arugula and parmigiano is a delicacy! Whether you’re not particularly keen on the rich tomato sauce used for the traditional Neapolitan pizzas or if you just want to change your game, this pizza is a great option. It’s one of the must-eat pizzas in Naples for sure, but it’s also cooked in other parts of Italy, like Milan, Florence or Rome. The main ingredients of this original Italian pizza are Italian dry-cured ham (“prosciutto“), mozzarella, arugula and thin slices of parmesan on the top. Usually prepared as a Neapolitan pizza or as a Scrocchiarella, this is a fresh pizza, perfect for the summertime, when Italy is super hot and you don’t feel like eating something too rich. The flavors mix well together, turning into a light, fresh and digestible pizza.Most of the toppings are added after the pizza has come out of the oven, so it’s also deliciously crunchy thanks to the fresh arugula. Some pizzerias add fresh prosciutto on the top, shaped as small roses, with bits of parmesan and fresh arugula: it looks like a beautiful pizza-garden! Pumpkin flowers are used as a seasonal pizza topping This is one of the types of Italian pizza you should eat if you’re visiting Italy between spring and summer. The main ingredient in fact is the pumpkin flower, which is only found for a few months. While this pizza might still be on the menu, the waiter will let you know that it’s not available unless they have fresh pumpkin flowers. Served usually on Neapolitan pizza, this topping is delicious and very delicate. In Naples we only use the best mozzarella (not mozzarella di bufala, because there would be too much milk), ground pepper, super fresh pumpkin flowers, olive oil and a bit of parmesan. A popular variation of this topping adds also anchovies or ricotta cheese, but in Naples it’s absolutely not common. You might find it on the Amalfi Coast, especially in Cetara, which is a cute village by the sea where anchovies are cooked in so many different recipes! You might also like:Italy in spring – What to eat, what to do and what to packGuide to the best time to visit Italy Italian pizza is delicious wherever you decide to eat it! Neapolitan pizza, or better, Pizza Napoletana, is the kind of pizza everyone in the world associates with Italy. I know I’m absolutely biased because I’m a Neapolitan girl, but there’s nowhere else you can eat a Pizza Napoletana as good as the one you get in Naples. Here we are used to think it’s because of the water, or the air, or possibly because our “pizzaioli” (pizza makers in Italian) are absolutely great. But it is true: even if you move to the Amalfi Coast, the pizza won’t be the same! The original Italian pizza from Naples is soft, thin and pliable. The “Cornicione” should always be high and puffy, not too burned and never crisp (but not even soggy, of course). You might like:Is Naples safe? Learn the truth from a local Pizza Napoletana is baked in a wood-fired pizza oven at 485°C for only 90 seconds, while the pizzaiolo keeps on turning it to make sure it doesn’t burn only on one side.It should always be eaten hot and delicious! While Pizza Margherita is of course the symbol of Naples, there are many kinds of pizza you can and should eat if you’re planning to visit Napoli.As a local, I’m glad to show you all the things you should add to your foodie bucket list… and I must offer a friendly reminder.Don’t even think about dieting in Naples, like… ever! Pizza fritta is a staple of the Neapolitan food culture I just mentioned that you can’t diet in Naples, so don’t be too surprised if I’m talking about… deep fried pizza. Pizza fritta is a staple of the Neapolitan cuisine, and it’s very much loved by the locals also as a to-go meal (you can consider pizza fritta some kind of street food). While it’s huge and filling, it’s cheap and absolutely delicious. The dough is the same you’d use for your regular pizza napoletana, but it is has a hearty, delicious filling. The most traditional one is filled with fresh ricotta cheese and “cicoli” (“pork rinds” in Neapolitan dialect), but you can also eat it with mozzarella and tomato sauce, or with ricotta cheese and Italian salami. Once the filling is added, the dough is closed, forming a half moon. It is then deep fried for a few minutes, and served scorching hot. Pizza fritta is good if when you cut it, the filling is hot and melting (it’s mandatory to eat it when it’s still very hot!). Some pizzerias also add some tomato sauce, grated parmesan and fresh basil on the top, but that is what we know as “Montanara“. Montanara is another deep fried pizza, only without the filling you’d find in Pizza Fritta: it can also be served in smaller sizes, that you can finish in a few bites. Another lovely Italian region has a different version of pizza fritta. There’s no filling, it’s a scrap of dough deep fried and served with different toppings. We know it as Pizzonta and it’s one of the most delicious Abruzzo foods! Calzone is huge so order it only if you’re very hungry! Calzone is very similar to Pizza Fritta, but it’s cooked in the wood-fired oven. The Neapolitan version of Calzone has the same shape as the deep-fried pizza, but to make it even more delicious, the pizzaiolo adds some tomato sauce and fresh basil on the top. The original filling is ricotta cheese, ground pepper and Italian salami. Another version, just as delicious, uses fior di latte (a lighter kind of mozzarella) and baked Italian ham. Many pizzerias decide to add their own touch to the classic recipe, like tomato sauce also in the filling or vegetables, but these are the main two original fillings. Note: usually Calzone is pretty big so make sure you’re very hungry when you order one in Naples! Neapolitan pizza can also have cornicione stuffed with ricotta cheese More and more pizzerias have started to prepare this delicious type of Italian pizza, usually only on the menu in Naples and in its province. You read that right in the title: the cornicione in this pizza is stuffed with ricotta cheese! The center of this pizza usually is Margherita (tomato sauce, olive oil, mozzarella and basil), but the cornicione, which is fluffy and tall, is filled with some soft ricotta and ground pepper. This means that you get to eat it all, adding a particularly delicious bonus to an already spectacular pizza! Pizza nel ruoto can also be cooked at home! “Ruoto” indicates a round-shaped baking pan, in Neapolitan dialect.This is a kind of pizza that seems “new“, but actually just brings back to light the traditional way of baking pizza. Our grandmoms in fact used to make pizza with the leftover dough from when they were making bread. It was baked, tall and puffy, into the “ruoto“, and topped with homemade tomato sauce, fresh olive oil, cheese, if they had some. Often this kind of pizza was baked at a lower temperature in an oven that people living in the same courtyard used to share. You might also like:Naples Cafe – The art of drinking coffee in Naples Not every pizzeria makes pizza nel ruoto, because it can’t be cooked at the same high temperature as the traditional Neapolitan pizza that we all know and love.It takes more time, so they need a separate oven at a lower temperature (usually an electric one). Pizza nel ruoto is one of the few types of Italian pizza that taste good even when it slightly burned on the edges. It has to be extra soft and it’s very fluffy. The main topping is super simple: sweet tomato sauce, olive oil, a pinch of salt and some oregano. Homemade pizza nel ruoto can also be stuffed with sausages and Neapolitan Friarielli. Pizza Marinara is a vegan pizza and it’s delicious! Pizza Marinara is one of the simple types of Italian pizza that you’d never stop eating. The base is the usual Neapolitan pizza, but there’s only one topping and it’s tomato sauce, oregan, olive oil… and a lot of garlic! That makes it the perfect vegan pizza! Marinara is the second most popular pizza in Naples after Margherita: all the locals love it! The name comes from the fact that fishermen used to bring all the ingredients with them when they went fishing, so they could eat pizza even when they were away for longer fishing expeditions. Garlic gives pizza a strong scent that makes up for the fact that there’s no cheese and no fresh basil.It is believed that pizza marinara dates back to 1866! You can find Pizza Marinara on every menu in every pizzeria in Campania region! Pizza salsiccia e friarielli is a must-try in Naples! While people visit Naples to eat Pizza Margherita, the locals know of another treat which is probably one of the most genuine pizzas you’ll eat in the Naples area: Pizza Salsiccia e Friarielli! Friarielli, the Neapolitan dialect name for turnip greens, is often confused with other vegetables because in Lazio region is has a different meaning. And, even more confusing, this kind of veggie is known as “cime di rapa” in Puglia and as “broccoletti” in Lazio.You can be sure they will understand you in my region, but in other parts of Italy… not so much! This is one of the regional types of Italian pizza which have more or less spread throughout the peninsula, but in Naples and its province it’s much more delicious. You might also like:Where to stay in Naples – The most convenient areas “Friarielli“ in our area grow from September, sometimes until the end of spring. That’s why they will always be super fresh and delicious. When there are no fresh friarielli, Neapolitan pizzerias will use pickled Friarielli (often handmade) with olive oil or frozen ones. More often than not they will also be upfront about it, because in Naples Friarielli have to be fresh: I know a few pizzerias who will just suggest you eat something else because “This is not the right season for Friarielli“. Just like friarielli, our “Salsiccia“, a kind of pork sausage, is traditional of Naples. We make a pretty different Salsiccia from what you can eat in other regions. Ours uses fresh pork meat and a sprinkle of ground pepper, sometimes with also some white Italian wine to give it a richer taste. If you prefer your Pizza Salsiccia e Friarielli with some kick, ask your server! Together with some mozzarella (used as a base for the rest of the toppings) he’ll either bring over spicy flakes of red peppers to your table or add them before they cook your pizza. Note: Friarielli in Naples can be a bit bitter. We prefer to eat them bitter, actually, because it gives a better taste to the overall pizza, toning down the possibly overwhelming taste of the salsiccia. Neapolitan ragù has to simmer on low for hours I already told you about Neapolitan ragù (“ragù napoletano” in Italian), a sauce that has to simmer on low for hours, only prepared in Campania region, which always reminds us of our Nonnas cooking the whole Saturday to make a delicious Sunday meal with the family. What would you say if I’d confess that a few pizzerias in Naples have started to use it? Pizza con ragù is one of the types of Italian pizza you can only find in Napoli, and not even in every pizzeria! You might also like:What to eat in Naples and where to eat traditional ragù! This delicious treat doesn’t use the traditional tomato sauce (the same you’d find on Margherita), but the same ragu sauce used for pasta. The rich sauce is then paired with mozzarella di bufala, olive oil, fresh basil and sometimes even with small bits of soft ricotta cheese. Note: While the traditional tomato sauce for Margherita is a vegan recipe (we only add olive oil, tomatoes and salt), to make ragu we use several cuts of meat. Pizza a portafoglio is our favorite street food in Naples! If you’re planning to explore San Gregorio Armeno (“Christmas Alley”) in Naples, then you should absolutely eat Pizza a Portafoglio. It’s one of the cheapest types of Italian pizza, that you can eat on the go, as you walk through the narrow vicoli of Naples Old Town. Of course you can eat it in many other places but usually the oldest part of Naples is where Pizza a Portafoglio is cheaper. How cheap? You can buy one (medium sized, slightly smaller than a regular Pizza Margherita) for 1,50€. Unbelievable! You might also like:Naples Christmas Alley – A walk in the oldest part of Naples You can only eat Pizza a Portafoglio in Naples. It’s not much of an “innovation” or a special pizza, but more of our way to eat pizza… wherever we go. While we love eating gelato as we do some window shopping, having pizza is even better so… why not! Pizza a Portafoglio is thus a slightly smaller Pizza Margherita, Neapolitan style, that is folded in a way that you can eat it as street food, without messing up. The pizza is soft and pliable so there should be no risk of getting tomato sauce all over you, but that’s not the only “danger“. Pizza a Portafoglio is served scorching hot, right off the oven, so try your best not to wolf it down unless you want to burn your tongue! As a local foodie, I’ve got to say it: holding a deliciously scented Pizza a Portafoglio and trying not to eat it straight away is quite the challenge! Saltimbocca in Naples is a different dish from the one they know in Rome While I added Saltimbocca to this article about the different types of Italian pizza, if you ask for “Saltimbocca” in Rome and in many other Italian regions, you’ll be presented with a meat dish. In Naples, Saltimbocca is a mix between pizza and panini that the pizzaiolo prepares with the Neapolitan pizza dough. The translation of this name means “jumps in your mouth“, as in, it’s so delicious you just can’t help yourself! A long stripe of dough (more or less 1 foot) is cooked in the wood fired pizza oven, until it gets all puffy and tall. Just like one big “Cornicione” without any filling. Only it’s softer than your regular cornicione. As soon as the pizzaiolo cuts it in half, the Saltimbocca deflates, and turns into your regular long panini. Only it’s a… pizza-panini! There are so many fillings you can choose for Saltimbocca, but our favorites are Italian Prosciutto (dry-cured ham) with fresh arugula and parmesan/mozzarella, or baked ham and mozzarella. Locals also like very much Saltimbocca con Salsicce e Friarielli (just like pizza!) and Saltimbocca con Wurstel e Patatine (wurstels and fries). Are you looking for a guide for a private tour of the best eateries in Naples? Click here to book a great private foodie tour in Naples with 10 yummy tastings! Nutella pizza is a yummy dessert in Naples! I remember clearly that one time when a traveller from abroad told me “there’s no one that does food porn like you Italians do“. So I’m supposed we’re very much guilty, especially in the South. I don’t even feel sorry for that! Two of the most delicious things in Italy are pizza cooked in the wood fired oven and Nutella. So Neapolitan pizzaioli thought it was time to start experimenting. That’s how pizza became a delicious dessert, our own version of… crepes? Almost every pizzeria in Naples will serve you Pizza alla Nutella as dessert. And it’s not just a “fake” name: it really is pizza. You might also like:How to spend one day in Naples – Secret tips from a local A regular pizza, made with Neapolitan pizza dough, is cooked in the oven without anything on the top. When it comes out of the oven, Nutella is added, and sometimes even some chopped hazelnuts, to make it even more delicious. Pizza alla Nutella is usually pre-cut and served to the table scorching hot.In Naples we like to share it at the end of a meal with our family and friends, so each one can have 1-2 slices. You should always eat it when it’s very hot: Nutella will turn into a soft, delicious cream and you’ll also taste the slightly charred pizza flavor. Yum! Italian focaccia has a distinctive style and comes in many shapes As I mentioned in the first part of this article, there are so many different types of Italian pizza you should try, even because it’s entirely possible you never heard of them before!Let’s check out the lesser known ones! Italian Focaccia is often mistaken for pizza, but the only thing they have in common is that they’re both flat! Italy loves focaccia. Almost every region has different kinds of recipes, each one of them is delicious and represents the local culinary tradition, as well as the local ingredients. Here are the main Focaccia you should add to your Italian food bucket list: Focaccia Genovese (Fugassa) – slightly crunchy, with olive oil and sometimes topped with onions or olives. Focaccia di Recco – super crunchy and filled with fresh cheese that has to melt in your mouth. Schiacciata Toscana – it looks like a flat kind of bread, usually served with a filling of finocchiona or Italian prosciutto. Focaccia Barese – soft and puffy, covered with cherry tomatoes, olives and oregano. Focaccia Romana – also known as “Pizza bianca“, very puffy and soft. It’s traditionally filled with Italian mortadella and it’s a cheap-but-delicious meal that you can find almost everywhere in Rome. Trapizzino and gourmet pizza are only two of the main types of Italian pizza you can eat during this tour in Rome! Click here to check it out and book it as soon as possible! Trapizzino is one of the coolest street foods in Rome! Trapizzino is one of the “modern” types of Italian pizza that you can eat in Rome. This street food goodie is a triangle of pizza, filled with delicious ingredients, straight from the oldest culinary tradition of Lazio region. Trapizzino has to be crunchy on the outside, like a “pocket” that you can carry around, with an open side on the top where the filling is added. According to how hungry you are, you can order it with veggies, or with the heavy stuff like Pollo alla Cacciatora (Italian Chicken Cacciatore), but also Porchetta, cheese and tomato sauce, and so much more! You might also like:10 days in Italy – 5 itineraries you can plan on your own Making round pizza at home is common in Italy! Usually when people from abroad talk about traditional Italian pizzas, they mean the Neapolitan pizza (Pizza Napoletana, in Italian).It’s probably the most iconic Italian pizza ever! Neapolitan pizza style is a round pizza cooked in a wood-burning oven. The crust has to be thin and chewy, while the edge has to be puffy and lightweight. Pizza Margherita. Yes, I’m totally biased! The Margherita topping can be used for Neapolitan pizza, Sicilian pizza, paddle pizza, pizza al trancio, pizza romana and so much more! The original Margherita pizza topping is made of tomato sauce, olive oil, a pinch of salt, fiordilatte cheese and fresh basil.Here in Naples we also use “mozzarella di bufala” (Buffalo mozzarella cheese), and it’s indicated on the menu as “Bufalina“.It’s as delicious as it sounds! Neapolitan pizza Margherita is probably the most popular pizza in the world Chicago deep-dish pizza is not like the traditional Italian pizza, so you won’t find it here.Yet we do have something similar that you might like just as much! It is known as “pan pizza“: soft, chewy and usually delicious. In between the usual Margherita pizza and the Italian focaccia.Pan pizza in Naples is known as “Pizza in teglia” or “Pizza nel ruoto“. Another kind of pizza that can be compared to deep-dish is the Roman pizza (Pizza bianca romana). Generally cut in the middle so we can add Mortadella… or, as the Romans say, “Mortazza“! Everyone eats Italian pizza as they prefer. Some cut small pieces using knife and fork, others prefer to just make triangular slices and eat them with their hands. There’s just one thing that you should keep in mind: the authentic Italian pizza has to be eaten piping hot! We do have both in Italy!The authentic Neapolitan pizza is thin, but we do have focaccia, pan pizza, paddle pizza or pizza al trancio that are thick.What can I say… we really do love pizza in Italy! Pin it for later! Happy National Pizza Day! Is pizza the most popular food on the planet? I haven’t done any research on the subject, but I’m sure it has to be. You can find it pretty much anywhere, and it is always recognizable as pizza, no matter how varied it may seem from place to place. Some people are pizza purists, and they tend to like the pizza they grew up with. I’m a pizza omnivore, and like pretty much any pizza. To me the difference between a Neapolitan style pizza and Chicago stuffed pizza is like the difference between apples and oranges. Both are fruit, both are good. But they aren’t exactly the same thing, are they? I grew up eating what I now know was run-of-the-mill midwestern “party-cut“ (aka square-cut) pizza. The pizzeria was called “Millilo’s,” we loved it, and our favorite toppings were sausage and onion. When I moved to New York for school my first meal there was pizza from V&T on Amsterdam Avenue, which I still think has the best New York-style pizza to be found. When I was last in New York I got to take my husband and kids there. Heaven! Then I went to Italy, and… wow. I can still remember the taste of that first thin-crust, wood fired pizza at la Pizzeria Economica (“cheap pizzeria”) in the San Lorenzo neighborhood near the University. The intensity of the flavors from those few simple but exquisite ingredients was unlike any pizza I’d ever had. And then I moved to Chicago, where I learned pizza can take on a whole new dimension! History of Pizza Who invented pizza? Well, that depends on what you consider pizza. There have been types of flatbreads consumed for thousands of years, and some of them have included toppings. But the modern version of pizza is attributed to Naples, where it was a type of street food consumed by the poor since the Sixteenth Century. The most famous pizza from Naples is undoubtedly the one served to Queen Margherita, of the house of Savoy, after the unification of Italy in the Nineteenth Century. This pizza was made with tomatoes, mozzarella, and basil to mimic the colors of the Italian flag. And it is known as a “pizza Margherita” to this day! Pizza made its way to the United States with the arrival of Italian immigrants in the Nineteenth Century. But it gained in popularity following World War II with the return of American soldiers who had tasted it while stationed in southern Italy. Types of Pizza in Italy There are many different types of pizza in Italy, and even more if you start to count all types of focaccia and flatbread. But the most known are pizza napoletana, pizza tonda alla Romana, pizza al taglio (or pizza rustica), pizza al padellino, pizza siciliana (“sfincione”), and pizza fritta. 1. Pizza Napoletana What makes an authentic Neapolitan pizza? There are actually very strict rules! It is a thin-crust pizza, but not too thin, with a slightly chewy crust, thinner in the middle than on the edges. It uses a slow-leavened yeasted dough that must rise for many hours (even up to a day). It must be formed by hand, not by rolling pin, and must be fired in a domed, wood-fired oven. It also should not be too large, maximum 12-14 inches in diameter. The type of topping can vary, but the most famous versions are the aforementioned Margherita and pizza marinara, which is cheeseless and includes tomato, oregano, garlic, and olive oil. Interestingly, though, in the rest of Italy a “pizza Napoli” is with tomato, mozzarella, and anchovies (and sometimes capers). Learn more about what we love about Naples. 2. Pizza Tonda alla Romana In Rome what is called pizza tonda–or “round pizza” to differentiate it from the Roman pizza al taglio–is a thin, wood-fired pizza that bears some resemblance to the pizza napoletana. However, pizza tonda is thinner, its crust crispier, and (because it is rolled out more thinly) usually is also larger in diameter. 3. Pizza al Taglio Pizza al taglio (or pizza rustica), unlike the two previous examples, is made in large rectangular pans. It is cooked in an electric oven, not wood-fired, and is usually eaten as street food. When eating pizza al taglio, you can choose from the many different toppings available, including such favorites as sausage, mushroom, Margherita, a tomato-less version with potatoes, and even varieties with cold salads on top. The vendor will cut the amount you want from the large sheet (“al taglio” means “by the cut”) and weigh it. So although this is what you might refer to as an Italian version of pizza by the slice, it’s more properly pizza by the kilo! 4. Pizza al Padellino This is a type of pizza from Turin. Unlike the round pizza napoletana and pizza tonda, it is baked not straight in the oven but in a pan, and in this sense is a bit more like an American pan pizza. The crust is thick and soft, except for a slightly crisp exterior due to the oil in the pan it is baked in. Like any pizza, it can be topped with a variety of toppings. 5. Pizza Siciliana (“Sfincione”) Sicilian pizza, like pizza al taglio, is baked in rectangular or square pans and is served as a snack or street food, but its crust is thicker and fluffier than that of pizza al taglio, almost like a spongy focaccia. It also doesn’t have the same variety of toppings, but usually comes with tomato, anchovies, oregano, and onions, and with or without cheese. 6. Pizza Fritta The last pizza we’ll list is, like the first, from Naples. But pizza fritta is what it sounds like–fried pizza! It is the only type of pizza we’ve listed that is not flat, but rather stuffed like a calzone. Pizza fritta is the epitome of Neapolitan street food. Stories say that it developed during and after World War II when the price of wood made it hard to fire the wood ovens. However it came into being, it is a decadent and filling indulgence. The classic version is stuffed with local salami or ham, ricotta, mozzarella or provola cheese, and lardo, or pork fat. Yes, it is a pizza stuffed with fat and then fried! Interested in learning to make authentic Italian pizza? Many of our cooking vacations include a pizza-making class. From making the dough to firing it in the wood-burning oven, you’ll learn the tricks to making the best pizza. Types of Pizza in the US So what about in the US? There are now Neapolitan-style pizzerias in many large cities, complete with wood-fired ovens, but that’s a development that has happened over the past few decades. And while everyone knows that New Yorkers cut their pizzas in triangles and Midwesterners cut theirs in squares, what are the differences beyond that? The most known types of pizza in the US separated more by geography than by shape, and include: New York style, Detroit Pizza, St. Louis Pizza, California Pizza, and Chicago deep dish. 1. New York Style Pizza It is no coincidence that New York style pizza bears the closest resemblance to Italian styles of pizza. It is round, hand-tossed, with a soft crust that is slightly thinner in the middle. It usually has only a handful of ingredients: pepperoni, anchovies, mushrooms, but isn’t piled full of them. It is cut in large triangles that are easy to fold over on themselves for easier eating. (Although Brooklyn-style pizza is slightly different, with a crispier crust.) 2. Detroit Pizza Detroit style pizza is a descendent of Sicilian pizza, and like it has a thick, spongy crust and is baked in large rectangular pans. One notable quirk: the use of local Wisconsin cheese instead of the more traditional mozzarella. 3. St. Louis Pizza St. Louis has taken the traditional ingredients of pizza and tweaked them all. The crust is a non-yeasted dough, so it is thin and crisp. The sauce is sweet. Like they added sugar to it to make it sweet, not because they have special tomatoes! And the cheese is a local processed blend of provolone, Swiss, and white cheddar that is called Provel. St. Louis style pizza is served in the traditional Midwestern way of thin-crust pizza, cut into squares. So yeah. St. Louis people are weird. Or at least their pizza is. 4. California Pizza Heading further into the realm of “why did they do that to pizza,” we travel from St. Louis to California. California style pizza at least tastes good (sorry St. Louis!), but it is anything but traditional. It uses a leavened dough like Italian pizza, but from there the ingredients can include everything from smoked salmon and creme fresh, to local root vegetables, chicken, peanut sauce, and more. 5. Chicago Deep Dish Although sometimes nothing but a New York style slice will satisfy me, I have been in Chicago now for almost thirty years, and there is no denying the awesomeness of Chicago deep dish pizza. There are actually two kinds of deep dish pizza in Chicago, deep dish and stuffed. Both use a yeasted dough, tomato sauce, and a lot of cheese. Both are made in deep-edged, heavy pans, frequently cast iron, sometimes steel. The large amounts of toppings make Chicago pizza more of

Sicily is also known as an important food around Christmastime and New Years. 9. Focaccia Focaccia is listed under the pizza section of menus in Italy. I debated about including Focaccia in this list since it is usually considered more of a flatbread. However, at restaurants in Italy, you will commonly see it listed in the pizza section, so here it is.Focaccia comes from the Ligurian region of Italy. In Genoa, it’s a popular street food topped with onions and sometimes anchovies, a dish similar to the Pissaladière found in cuisine Niçoise. In Rome, Foccacia is usually prepared with rosemary, olive oil, and sea salt. It’s a great way to start a meal, or it can be part of a light lunch with a salad.Folded Types of Pizza in Italy10. Calzone In Naples, calzones use the same pizza dough as is used for Pizza Napoletana. Take a round pizza crust, add the desired toppings, fold it in half, and bake it in the oven. That’s a calzone. Like pizzas, calzones can be stuffed with just about anything these days. You may have had a calzone at your home town’s Italian restaurant, but in Italy, they use the same dough for calzones as they do for their superb pizza.My favorite calzone is one of the traditional Napoletana versions with escarole, olives, capers, and cheese. It is so good! 11. Pizza Fritta (Fried Pizza) As is the case with calzones, my favorite type of Pizza Fritta is stuffed with escarole. Pizza Fritta is somewhat of a misnomer. If I were naming the different kinds of Italian pizzas, I would call the Montanara a fried pizza and Pizza Fritta “Calzone Fritta.” Unfortunately, no one asked me, so things are a little confusing.Pizza Fritta is a folded pizza like a calzone that is then deep-fried. And just like the Montanara, the fried pizza dough is scrumptious. The fillings are also similar to those in calzones. Both calzones and Pizza Fritta are easy to eat on the go and are popular street foods in Naples. Popular Pizza Styles in ItalyNow that you know the different types of pizza in Italy, let’s discuss some typical Italian pizza styles. No matter which kind of pizza menu you’re looking at, there will be a variety of traditional toppings to choose from. Pizza toppings in Italy include anything from fresh tomatoes to potatoes to prosciutto to fish. The toppings will not be listed separately so that you can pick your own combination like in America. Rather, there will be a list of pizza names and you will choose the style of pizza that suits you. Below are some of the most popular traditional pizza styles and the various toppings that you should expect on them. Trying different pizza toppings on a food tour in Rome Italy’s most simple pizza style, Pizza Bianco is basically a naked pizza with no toppings except extra virgin olive oil, salt, and sometimes rosemary.Marinara Among several styles of pizza sits a Marinara, one of the most simple types of pizzas in Italy Pizza Marinara, topped with high-quality marinara sauce and nothing else, is a great choice for vegans in Italy. But if you can eat cheese, why wouldn’t you want to? As I mentioned, authentic Neapolitan pizza makers often recommend trying their chewy crust without ingredients that detract from the dough. Some restaurants take it a step further, like the famous Antica Pizzeria da Michele, where they only offer a handful of simple pizza styles, and Marinara Pizza is one of them. (BTW, we recently discovered da Michele has a franchised restaurant in Santa Barbara, California.) Margherita Pizza Margherita, the most classic style of Italian pizza Italy’s most popular pizza, Pizza Margherita represents the colors of the Italian flag. But the red, white, and green toppings must be high-quality ingredients to allow the desired flavors to shine through. For example, not just any fresh tomatoes will do; San Marzano tomatoes are preferred—as are premium mozzarella cheese or buffalo mozzarella, aromatic fresh basil, and a drizzle of extra virgin olive oil.Quattro Stagioni In Quattro Stagioni–style pizza, the toppings represent the four seasons. Quattro Stagioni means “four seasons,” and on this classic Italian pizza, there are four fresh ingredients that each represent a season. These are placed in four separate quadrants on top of marinara and mozzarella. Artichokes are for spring, black olives for summer, mushrooms for fall, and ham for winter. Quattro Formaggi For cheese lovers, a Quattro Formaggi pizza is a must. Quattro Formaggi, or four cheeses, is not your typical cheese pizza like you get in the U.S. For starters, in Italy, a four-cheese pizza will not have red sauce, just a drizzle of olive oil. The choice of cheese used can vary, but it almost always will include mozzarella (from Campania), gorgonzola (from Milan), and parmigiana reggiano (from Emilia Romagna). As a cheese lover, I’ve never met a Quattro Formaggi I didn’t like. CapriciosaThe Capriciosa Pizza was invented in Rome. It has the same variety of toppings as the Quattro Stagioni, but it’s not arranged in a specific way. I would call it more of a willy nilly presentation. It may also include a fried egg on top. Napoletana When the pizza is named Napoletana, you’ll receive anchovies on your pizza in Italy. More confusing pizza terminology: The Pizza Napoletana can mean Neapolitan-style in regards to the pizza dough, the toppings, or both. When it’s referring to the toppings, there will definitely be anchovies. My husband’s favorite version also adds zucchini blossoms. Guide to Pizza Types in ItalyI hope this guide to the different kinds of pizza in Italy will help your culinary exploration of one of my favorite countries! I think one of my favorite Italian food quotes sums up how I feel about Italian pizza. "You can't make everyone happy. You're not pizza." In other words, no matter what your preferences are, there’s a pizza that can make you smile.I’d love to hear what you’ve tried and what your favorite varieties of pizza are. Let me know in the comments below! Pin for Types of Italian Pizzas Pin for Pizza Types in Italy This post may contain affiliate links, meaning if you book or buy something through one of these links, I may earn an affiliate commission at no additional cost to you. Learn more Saddle up because we’re about to embark on a culinary adventure that is truly mouthwatering! Our curated list of the most popular pizzas to try in Italy/types of Italian pizza promises crunch, sweetness, spice, and endless amounts of gooey, oozy, cheesy goodness! We’ve worked closely with Roxana, a Rome-based writer and passionate foodie, to bring you a rundown of 25 of Italy’s most beloved and iconic pizzas. All of these mouthwatering favorites have a special place in Italian cuisine and collectively show why pizza is one of the most yearned-for dishes not only in Italy but all over the world. Photo by elvirkin/iStock By far the most popular pizza in Italy, the Margherita may be simple, but that doesn’t make it any less delicious. The pizza is topped with tomato sauce, mozzarella, a few basil leaves, and a drizzle of olive oil. If you want a safe choice, Margherita is the option for you. simple The origins of this pizza date to the late 19th century, when Neapolitan cook Raffaele Esposito created the Pizza Margherita to honor Queen Margherita of Savoy. You can still eat a delicious pizza Margherita in its birthplace, Pizzeria Brandi, in the heart of Naples. The Bufalina is a slight variation of the classic Margherita, with the addition of the mozzarella di bufala campana. This mozzarella has a protected designation of origin and is traditional in the Campania region, particularly Caserta and Salerno. The most common way of serving this pizza type is to bake a Margherita and place a fresh, whole mozzarella at the center. Try this pizza anywhere in Campania or Neapolitan pizza restaurants around Italy. Photo by elvirkin/iStock If you’re up for something spicy, the Diavola is your best choice. You may know this as the Pepperoni Pizza in the US. This is, in fact, a very similar recipe, except the type of hot salami is a bit different. Fun fact: peperoni (with one p) are bell peppers in Italian, which can be misleading for Italians visiting the US. Diavola is a creation of the same Neapolitan cook who created pizza Margherita, Raffaele Esposito. The pizza is essentially a Margherita topped with slices of spicy salami. Photo by Hai Diep/iStock One of Italy’s most famous pizza toppings is the quattro formaggi, or four cheeses. There are two main variations of this pizza, one with tomato sauce, also known as rossa, and one without, called bianca. This is a general rule for all pizzas, and you’ll often find them divided on the menu as “pizze rosse” and “pizze bianche.” Back to our four cheeses, this pizza topping contains, unsurprisingly, four types of cheese: mozzarella, gorgonzola, fontina, and parmigiano Reggiano. The last two cheese types may vary, with alternatives including pecorino, ricotta, robiola, taleggio, provolone, caciocavallo, or stracchino. Photo by Alisa Korolevskaya/iStock The Pizza Capricciosa is among the most widespread varieties in Italy, common in most pizza restaurants across the country. The topping includes tomato sauce, mozzarella, ham, mushrooms, green and black olives, artichokes, and sometimes eggs. If you’re looking for a rich, tasty pizza with many different ingredients, try Pizza Capricciosa. This pizza recipe was invented in 1937 at the Capricciosa restaurant in Rome, hence the name, which translates to capricious. The ingredients on the Capricciosa are all mixed together, which distinguishes it from a similar pizza, the Quattro Stagioni. Photo by Alleko/iStock Like the Capricciosa, the Quattro Stagioni is a pizza topped with a variety of ingredients, except they are placed separately into four distinct quarters, hence the name Four Seasons. While you’ll find variations to the original ingredients, the placement is always in four quarters. The pizza base usually contains tomato sauce and mozzarella, although you may also order it white (without tomato sauce). Each pizza quarter is topped with one ingredient recalling a different season. Mushrooms represent autumn, ham (and often olives) represent winter, tomatoes and basil recall summer, and artichokes symbolize spring. Photo by sebasnoo/iStock Pizza Marinara is among the most popular pizza types in Southern Italy, second only to the Bufalina. This is arguably the simplest pizza you can get, topped with only tomato sauce, garlic, oregano, and olive oil. Despite having such few ingredients, you’ll be surprised how tasty this pizza can be. When Pizza Marinara first appeared in the late 18th century, it had no tomato sauce. This ingredient was only introduced in the 1970s. Originally, the Pizza Marinara was the food choice of fishermen returning from sea and was topped with anchovies, capers, oregano, olives, and olive oil. Although most ingredients disappeared in favor of tomato sauce, the pizza remained known as Marinara. Boscaiola is a name you’ll find associated with many dishes in Italy, from pizza to various pasta recipes. Usually, these dishes contain mushrooms and some type of meat, such as ham or sausage. The pizza Boscaiola is topped with mozzarella, mushrooms, and little bits of sausage. Although the classic topping has no tomato sauce, you may also order it as a “pizza rossa.” This hearty pizza is ideal if you feel like having a filling, heartwarming meal. Photo by Zufar Kamilov/iStock Like the Caprese salad, the Caprese pizza is topped with slices of mozzarella, beefsteak tomato, olive oil, and basil leaves. In the original recipe, the pizza base is baked and subsequently topped with fresh ingredients. However, you may find some variations of this pizza containing tomato sauce and melted mozzarella. This pizza is ideal on warm summer days when you’re looking for a refreshing and lighter meal. The pizza Caprese is also vegetarian-friendly. Photo by CS0523183/iStock This pizza type is known by different names across Italy. In its place of origin, Naples, it’s called pizza alla Romana (Rome-style), while in the rest of Italy, it’s known as Napoletana or Pizza Napoli. The recipe can also vary slightly. The original Pizza alla Romana, born in Naples, is topped with tomato sauce, anchovies, oregano, olive oils, and capers as an optional ingredient. Outside of Naples, the pizza also contains mozzarella cheese. What distinguishes this pizza type from others is the presence of salted anchovies. Pizza Funghi is nothing other than a pizza Margherita topped with mushrooms, although you may also find it as a pizza bianca without tomato sauce. The most common type of mushroom for pizza topping is champignon. A refined and often more expensive option is the one with funghi porcini (boletus mushrooms). A popular combination is mushrooms and sausage, but you may also find them paired with truffles or speck. Photo by Alisa Korolevskaya/iStock A very popular variation of the pizza ai funghi is prosciutto e funghi. This pizza can be with mozzarella and tomato sauce (rossa) or just mozzarella (bianca). The pizza topping contains pieces of ham and mushrooms, usually champignons. While mushrooms are added to the pizza before placing it in the oven, the prosciutto cotto (ham) is usually placed on top of the pizza after baking to maintain its freshness. Fiori di zucca are squash blossoms, also known as zucchini flowers. These edible flowers are a popular ingredient in Italian cuisine and something you can rarely find in supermarkets due to their perishable nature. The pizza ai Fiori di zucca is “bianca,” meaning it is only topped with squash blossoms and mozzarella cheese. A popular variation contains slices of salted anchovies, but you can always ask it without them if you’re looking for the vegetarian option. Photo by sal61/iStock Ortolana is one of the most popular vegetarian pizzas, often called Pizza Vegetariana. The word “ortolana” is the female version of the greengrocer and recalls the variety of veggies you’ll find on top of this tasty pizza. Mozzarella cheese is a must, along with vegetables that can vary depending on the location and season. Popular toppings include tomatoes, bell peppers, eggplant, and zucchini. Some variations may include onions and mushrooms. The vegetables are added raw or grilled. Photo by giulianocoman/iStock Sausage is a very common topping for Italian pizza. The most popular option is a simple Margherita with little bits of sausage. If you like meat and you’re looking for a simple upgrade to your classic pizza, order the pizza alla salsiccia. The variety of sausage used on the pizza depends on the Italian region you’re visiting, but it’s usually a kind of fresh sausage crumbled into little pieces. You may also have this pizza without the tomato sauce. Patate e salsiccia is an delicious, heartwarming variety of the simpler pizza alla salsiccia. Aside from the fresh sausage bits, this pizza is topped with pieces of potato. Aside from these two ingredients, this pizza contains the ever-present mozzarella cheese but no tomato sauce, although you may ask for this variation. Potatoes can be prepared in different ways before adding them to the pizza. They may be very thinly sliced and placed raw or pre-boiled and cut into small bits or thicker slices. Oregano or rosemary are often sprinkled on top. Another variety of pizza containing sausage is salsiccia e friarielli, particularly widespread in the Campania region, where friarielli are cultivated. Friarielli, in English rapini or broccoli rabe, is a cruciferous vegetable spread in the Mediterranean, especially in Southern Italy. The combination of sausage and friarielli is very popular in Naples and its surroundings, where these ingredients are a staple in street food like pizza and panini. The classic version of this pizza is the usual open-faced one topped with friarielli, sausage, and mozzarella or provolone. An alternative often made at home consists of a stuffed pizza. Another simple yet delicious pizza you should try in Italy is the one with cured ham or prosciutto crudo. Like many pizza types, this too consists of a classic Margherita with a layer of thin prosciutto slices added after baking. If you like parmesan, thin parmesan flakes are a popular addition to this pizza. These two ingredients are always added after taking the pizza out of the oven to preserve their taste and texture. Photo by Alisa Korolevskaya/iStock Moving on to the fish and seafood pizzas, smoked salmon is one of the most popular pizza toppings. The most basic variation of this pizza is with mozzarella cheese and slices of smoked salmon. However, many vegetables pair well with salmon. More elaborate varieties may contain zucchini, asparagus, arugula, fresh cheese, or burrata. Most of the time, the smoked salmon is added after baking the pizza. For a fresh, summery pizza, try the variety with burrata and arugula. This pizza may not be for everyone’s taste, but it remains a staple of Italian cuisine. The original recipe is with tomato sauce, but you may also find the one without it (bianca). Aside from the optional tomato, the pizza is topped with mozzarella cheese, red onion rings, and canned tuna. While some may not like raw onions, this pizza is definitely flavorful. Photo by marcomayer/iStock Another popular seafood pizza is the Pescatora or Pizza ai frutti di mare. This pizza variety is common in restaurants specializing in seafood and fish, so you won’t find it in most pizza places. The Pescatora is topped with the usual tomato sauce, mozzarella, and olive oil with the addition of seafood, usually clams, mussels, prawns, baby squids, and langoustines (Norway lobster). The seafood is added to the pizza fresh to be cooked in the oven. This pizza can be a little complicated to eat, but delicious if you love seafood. Italians usually don’t mix fish and meat, but an exception is in order for this pizza type, whose name translates to “seas and mountains.” The sea ingredient is seafood, specifically clams and mussels, while the mountain element is the mushroom. Some prepare this pizza with just mussels and mushrooms, while others add more seafood, including clams, prawns, squid, and calamari. The ingredients that never vary are tomato sauce, mozzarella, and mushrooms. Fresh parsley is often sprinkled on top. Photo by Lesyy/iStock A curious pizza type is Pizza e Fichi, combining figs with cured ham (prosciutto crudo). The combination of sweet and savory is not unusual in Italian cuisine, and prosciutto is also commonly paired with melon. If you’re looking for a fresh pizza for the summer, this one is perfect. On this pizza, slices of savory prosciutto are combined with the sweet taste of figs, creating a unique flavor combination. This pizza variety is commonly known as Pizza e Fichi (pizza and figs), but the prosciutto is always present. This pizza topping usually has mozzarella and no tomato sauce, but you may also find it as a pizza rossa. Inspired by the popular Roman pasta, this pizza topping has the same ingredients you’ll find in a Carbonara: egg, pecorino, guanciale, black pepper, and the addition of mozzarella, which is almost always present. You’re more likely to find this specific pizza in Rome, the home of the Carbonara. If you like the pasta dish, you’ll enjoy the pizza too. Photo by Paolo Gagliardi/iStock Finally, one last fresh and summery pizza to try in Italy is the Valtellina or Valtellinese, often called Pizza Bresaola e Rucola from its main ingredients. Bresaola is a dark red cured meat made from beef that has been air-dried and aged for two to three months. This pizza can be with or without tomato sauce, with the usual mozzarella cheese added before baking, and topped once out of the oven with thin slices of bresaola, arugula, and optional parmesan flakes. Pizza really is a dish for the ages. It brings smiles and satisfied stomachs to millions of people all over the world every single day. To experience pizza in its birthplace, in so many different forms and combinations, really is something both an avid pizza-lover and a curious foodie can find a lot of time for on their trip to Italy. This selection is only the beginning of what Italian pizza can offer, but the combinations, fresh ingredients, and a smidge of Italian magic on this list give you so much to get excited about! You Might Also Like to Read Save and Pin for Later Planning a trip to Italy? Keep these must-try pizzas for safekeeping by saving this article to one of your boards. Pizza napoletana Pizza is one of Italy’s most famous culinary creations, beloved worldwide for its crispy crust, rich tomato sauce, and gooey melted cheese. However, in Italy, pizza comes in many different forms, varying by region, cooking method, and tradition. From the soft, pillowy Neapolitan pizza to the crunchy Roman pizza al taglio, each style reflects the culture and history of its place of origin. Beyond the traditional round pizzas, Italy also boasts unique variations like calzone, pinsa, pane arabo, and the lesser-known but equally delicious pizza fritta (fried pizza). Whether you prefer a classic Margherita or an indulgent fried pizza stuffed with ricotta, this guide explores the diverse and flavorful world of Italian pizza. Neapolitan Pizza: The Birthplace of Pizza Naples is widely regarded as the birthplace of pizza, and pizza Napoletana is the most famous and revered style in Italy. In fact, it is protected by the Associazione Verace Pizza Napoletana (AVPN), which ensures that traditional Neapolitan pizza follows strict guidelines. Characteristics of Neapolitan Pizza Soft, airy, and chewy crust with a slightly charred exterior due to high-heat baking. Cooked in a wood-fired oven at 485°C (905°F) for just 60-90 seconds. Thin and flexible base that is often eaten with a knife and fork. Classic Neapolitan Pizzas Margherita – Tomato sauce, mozzarella (preferably mozzarella di bufala), fresh basil, and olive oil. Marinara – Tomato sauce, garlic, oregano, and olive oil (no cheese). Quattro Formaggi – A mix of four cheeses, often including mozzarella, gorgonzola, parmesan, and provolone. Neapolitan pizza is a celebration of simplicity, allowing high-quality ingredients to shine. Pizza Fritta (Fried Pizza): A Neapolitan Street Food Icon While Neapolitan pizza is famous for its wood-fired perfection, Naples also boasts a delicious deep-fried version known as pizza fritta. This indulgent dish originated after World War II when ingredients were scarce, and frying pizza dough became an affordable alternative to baking. Characteristics of Pizza Fritta Deep-fried instead of baked, resulting in a crispy, golden crust. Stuffed with rich fillings, such as ricotta, provolone, cicoli (pork cracklings), and tomato sauce. Portable and perfect for street food, making it a popular snack in Naples. Popular Varieties of Pizza Fritta Classica – Filled with ricotta, mozzarella, and cicoli. Montanara – A hybrid style that is briefly fried, then topped with tomato sauce and cheese before being baked in the oven. Ripieno Fritto – A larger, folded pizza fritta similar to a calzone. Fried pizza is a must-try when visiting Naples, offering a deliciously crispy alternative to traditional pizza. Roman Pizza: Thin, Crispy, and Versatile Rome has two main styles of pizza: pizza tonda and pizza al taglio. Pizza Tonda (Round Roman Pizza) Thin and crispy crust, often slightly charred but not chewy like Neapolitan pizza. Crunchy texture, due to a longer baking time at a lower temperature than Neapolitan pizza. Oil-infused dough, giving it extra crispiness. Popular variations include: Pizza Romana – Similar to a Margherita but with anchovies. Pizza Capricciosa – Tomato sauce, mozzarella, ham, artichokes, mushrooms, and olives. Pizza Diavola – Spicy salami (similar to pepperoni) with tomato sauce and mozzarella. Pizza al Taglio (Pizza by the Slice) Rectangular shape, sold by weight and cut to order. Crunchy yet airy crust, baked in large trays. Great variety of toppings, ranging from classics to gourmet options like truffle and burrata. This style of pizza is a staple of street food in Rome and is perfect for a quick bite on the go. Pinsa Romana: The Ancient Roman Pizza Pinsa is an ancient Roman-style pizza that has been revived in modern Italy. Unlike traditional pizza, pinsa dough is made with a blend of wheat, rice, and soy flour, resulting in a lighter, more digestible crust. Characteristics of Pinsa Oval-shaped, not round like traditional pizza. Long fermentation process, making it easier to digest. Crunchy on the outside and soft on the inside. Popular pinsa toppings include classic ingredients like prosciutto, mozzarella, and arugula, but creative toppings such as pumpkin cream and gorgonzola are also common. Calzone: The Folded Pizza Calzone, which means “pant leg” or “stocking” in Italian, is essentially a folded pizza that is stuffed with delicious fillings. This dish originated in Naples but has become popular across Italy, with regional variations. Types of Calzone Calzone Napoletano – Filled with ricotta, salami, mozzarella, and black pepper, then baked. Fried Calzone (Panzerotto) – A deep-fried version, popular in southern Italy. Calzone alla Romana – Often filled with tomato sauce, cheese, and ham. Calzone is perfect for those who love pizza but want something portable and packed with flavor. Pane Arabo: The Italian Flatbread Pizza Though not as famous as other pizzas, pane arabo is a soft, slightly thicker flatbread that is used as a pizza base in some parts of Italy. Characteristics of Pane Arabo Soft, slightly puffy crust similar to pita bread. Baked and then topped with ingredients rather than being cooked together like traditional pizza. Great for sandwiches or pizza bases. Common toppings include tomato, mozzarella, prosciutto, and arugula, but it can also be used for stuffed sandwiches. Popular Pizza Toppings in Italy While pizza toppings in Italy are often simple and high-quality, there are several classic and regional favorites: Mozzarella di Bufala – Creamy buffalo mozzarella, a staple in Neapolitan pizza. Prosciutto Crudo – Dry-cured ham, often added after baking. Funghi – Mushrooms, typically porcini or champignon. Tonno e Cipolla – Tuna and onion, a common combination. Gorgonzola – A strong blue cheese used in Quattro Formaggi pizza. Salsiccia e Friarielli – Sausage with sautéed broccoli rabe, popular in Naples. Conclusion From the classic Neapolitan pizza to the indulgent pizza fritta, Italian pizza offers endless variety and regional specialties. Whether you prefer the soft, pillowy crust of Naples, the crunchy Roman pizza al taglio, or the ancient tradition of pinsa, Italy has a pizza for every taste. Exploring Italy’s different pizza styles is a culinary adventure that showcases the country’s rich history, craftsmanship, and passion for food. So next time you’re in Italy, step beyond the Margherita and try something new—whether it’s a crispy Roman slice, a folded calzone, or a deliciously fried pizza from Naples. Buon appetito! □□□ Let's start with the classic of the classics, the round pizza, a disc of thin dough generally seasoned before cooking, which can be made in electric, wood or gas ovens. The round pizza is actually a macro-category, which includes the queen of pizzas: the Neapolitan. What most distinguishes the Neapolitan pizza on your plate, to other round pizzas of Italian tradition is neither the flour, nor - as argued - the water of Naples, but it is the cooking temperature. The Neapolitan pizza is made in wood ovens, which produce very high temperatures, between 450 and 500 °. Such strong and rapid cooking means that much more moisture remains inside the dough in comparison to other types of pizza. On the palate, Neapolitan pizza is not crunchy but soft. The crust, higher than that of other classic Italian pizzas, deserves a separate chapter. In fact, the volume of the crust establishes differences within the Neapolitan tradition itself. In increasing order of size, only in Naples it is possible to distinguish at least three subsets: the “a ruota di carretto” (wheel on a cart), the “napoletana classica” (classic Neapolitan) and the “a canotto” (dinghy) pizza. In Rome too, there is a much-loved format of round pizza, known as just that,“pizza romana” (Roman pizza). The defining feature of this type of pizza results from the flattening, rolling of the dough, which causes the loss of all fermentation gasses and creates a crunchy crust, which is very thin and flat. Even the resistance of the bottom of the pizza differs from the Neapolitan one, being a less hydrated style of pizza it’s slightly stronger and crunchier than that of Neapolitan pizzas.